ADVOCAT INC Form SC 13G February 12, 2009

# SECURITIES AND EXCHANGE COMMISSION Washington, D. C. 20549

SCHEDULE 13G

Under the Securities and Exchange Act of 1934

Advocat Inc. (Name of Issuer)

Common Stock (Title of Class of Securities)

007586100 (CUSIP Number)

December 31, 2008 (Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

This Schedule is filed pursuant to Rule 13d-1(b)

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The information required in the remainder of this cover page (except any items to which the form provides a cross-reference) shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act.

CUSIP NO. 871607107

1)	Name of Reporting Person S.S. or I.R.S. Identification No. of Above Person				
	Ameriprise Financial, Inc. IRS No. 13-3180631				
2)	Check the Appropriate Box if a Member of a Group	(a) [ ] (b) [X]*			
*	This filing describes the reporting person's relationship with other persons, but the reporting person does not affirm the existence of	a group.			
3)	SEC Use Only				
4)	Citizenship or Place of Organization				
	Delaware				
	5) Sole Voting Power				

NUMBER OF SHARES BENEFICIALLY OWNED BY EACH		6)	Shared Voting Power				
			-0-				
		7)	Sole Dispositive Power				
	REPORTING PERSON WITH		-0-				
		8)	Shared Dispositive Power				
			491,400				
9)	Aggregate	Amou	nt Beneficially Owned by Each Reporting Person				
	491,400						
10)	Check if the Aggregate Amount in Row (9) Excludes Certain Shares						
	Not Applicable						
11)	Percent of Class Represented by Amount In Row (9)						
	8.67%						
12)	Type of Reporting Person						
	CO						
CUSI	P NO. 8716	07107					
1)	Name of Reporting Person S.S. or I.R.S. Identification No. of Above Person						
	RiverSource Investments, LLC IRS No. 13-3180631						
2)	Check the	Appr	opriate Box if a Member of a Group	(a) [ ] (b) [X]*			
*	This filing describes the reporting person's relationship with other persons, but the reporting person does not affirm the existence of a group.						
3)	SEC Use Only						
4)	Citizenship or Place of Organization						
	Minnesota						
		5)	Sole Voting Power				
			-0-				
NUMBER OF		6)	Shared Voting Power				
SHARES BENEFICIALLY OWNED BY EACH			-0-				
		 7)	Sole Dispositive Power				
RE	PORTING	. ,	11-1 000101.0 10.01				

PERSON WITH		-0-					
		8)	Shared Dispositive	 Power			
			491,400				
9)	Aggregate	Amou	nt Beneficially Own	d by Each Reporting Person			
	491,400						
10)	Check if	the A	ggregate Amount in	ow (9) Excludes Certain Shares			
	Not Appli	cable					
11)	Percent o	f Cla	ss Represented by A	ount In Row (9)			
	8.67%						
12)	Type of R	eport	ing Person				
	IA 						
1(a)	Name of I	ssuer	:	Advocat Inc.			
1(b)	Address of Issuer's Principal Executive Offices:			1621 Galleria Boulevard Brentwood, TN 37027			
2(a)	Name of P	erson	Filing:	<ul><li>(a) Ameriprise Financial, ("AFI")</li><li>(b) RiverSource Investment ("RvS")</li></ul>			
2 (b)	Address o	f Pri	ncipal Business				
	office.			c/o Ameriprise Financial, 145 Ameriprise Financial C Minneapolis, MN 55474			
2(c)	Citizensh	ip:		<ul><li>(a) Delaware</li><li>(b) Minnesota</li></ul>			
2 (d)	Title of	Class	of Securities:	Common Stock			
2(e)	Cusip Num	ber:		007586100			
3	Information if statement is filed pursuant to Rules 13d-1(b) or 13d-2(b):						
	(a) Ameriprise Financial, Inc.						
	A parent holding company in accordance with Rule 13d-1(k (Note: See Item 7)						
	(b) Rive	rSour	ce Investments, LLC				
	An investment adviser in accordance with Rule 13d-1(b)(1)(ii)(E)						
4	Incorporated by reference to Items $(5)-(9)$ and $(11)$ of the cover page pertaining to each reporting person.						

AFI, as the parent company of RvS, may be deemed to beneficially own the shares reported herein by RvS. Accordingly, the shares reported herein by AFI include those shares separately reported herein by RvS.

Each of Ameriprise Financial, Inc. and RiverSource Investments, LLC, disclaims beneficial ownership of any shares reported on this Schedule.

- 5 Ownership of 5% or Less of a Class: Not Applicable
- 6 Ownership of more than 5% on Behalf of Another Person: Not Applicable
- 7 Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company:

AFI: See Exhibit I

8 Identification and Classification of Members of the Group:

Not Applicable

9 Notice of Dissolution of Group:

Not Applicable

10 Certification:

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired in the ordinary course of business and were not acquired for the purpose of and do not have the effect of changing or influencing the control of the issuer of such securities and were not acquired in connection with or as a participant in any transaction having such purposes or effect.

#### Signature

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Dated: February 10, 2009

Ameriprise Financial, Inc.

By /s/ Wade M. Voigt

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Name: Wade M. Voigt

Title: Director - Fund Administration

Contact Information

Wade M. Voigt Director - Fund Administration Telephone: (612) 671-5682

Exhibit Index

Exhibit I Identification and Classification of the Subsidiary which Acquired

the Security Being Reported on by the Parent Holding Company.

Exhibit II Joint Filing Agreement

Exhibit I

to

Schedule 13G

Ameriprise Financial, Inc., a Delaware Corporation, is a parent holding company. The classification and identity of the relevant subsidiaries is as follows:

Investment Adviser - RiverSource Investments, LLC, is investment adviser registered under section 203 of the Investment Advisers Act of 1940.

Exhibit II

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Schedule 13G

Joint Filing Agreement

The undersigned persons agree and consent to the joint filing on their behalf of this Schedule 13G dated February 10, 2009 in connection with their beneficial ownership of Advocat Inc. RiverSource Investments, LLC authorizes Ameriprise Financial, Inc. to execute the Schedule 13G to which this Exhibit is attached and make any necessary amendments thereto.

Ameriprise Financial, Inc.

By: /s/ Wade M. Voigt
Wade M. Voigt
Director - Fund Administration

RiverSource Investments, LLC

By: /s/ Peter A. Gallus
Peter A. Gallus
Senior Vice President and Chief
Operating Officer