

EXPRESS-1 EXPEDITED SOLUTIONS INC

Form 8-K

October 11, 2006

**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, DC 20549  
FORM 8-K  
CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of the  
Securities Exchange Act of 1934**

**Date of Report (Date of earliest event reported): October 9, 2006**

**EXPRESS-1 EXPEDITED SOLUTIONS, INC.**

**(Exact Name of Registrant as Specified in Its Charter)**

**Delaware**

**000-49606**

**03-0450326**

**(State or other jurisdiction of  
incorporation or  
organization)**

**(Commission File Number)**

**(I.R.S. Employer  
Identification No.)**

**429 Post Road, Buchanan, Michigan 49107**

**(Address of principal executive offices zip code)**

**(269) 695-4920**

**(Registrant's telephone number, including area code)**

**Not applicable**

**(former name or former address, if changed since last report)**

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)).
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**ITEM 5.02 DEPARTURE OF DIRECTORS OR PRINCIPAL OFFICERS; ELECTION OF DIRECTORS; APPOINTMENT OF PRINCIPAL OFFICERS; COMPENSATORY ARRANGEMENTS OF CERTAIN OFFICERS.**

Express-1 Expedited Solutions, Inc., announced today that on October 9, 2006 it appointed John Affleck-Graves to fill a vacancy on its Board of Directors. It has not been determined at this time to which committees of the Board of Directors, if any, Mr. Affleck-Graves will be appointed. Mr. Affleck-Graves will receive the same director compensation currently received by all other members of the Company's Board of Directors.

**ITEM 9.01 FINANCIAL STATEMENTS AND EXHIBITS**

Exhibit No.	Exhibit Description
99.1	Press Release dated October 11, 2006.

**SIGNATURE**

Pursuant to the requirements of the Securities and Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated October 11, 2006

Express-1 Expedited Solutions, Inc.

By: /s/ Mike Welch  
Mike Welch  
Chief Executive Officer

**EXHIBIT INDEX**

Exhibit No.	Exhibit Description	
99.1	Press Release dated October 11, 2006.	4