STERLING BANCORP

Form 5/A March 09, 2006

FORM 5

OMB APPROVAL

OMB

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

3235-0362 Number: January 31, Expires: 2005

no longer subject to Section 16. Form 4 or Form

Check this box if

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 1.0

5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Reported Form 4

30(h) of the Investment Company Act of 1940

Transactions Reported

TIETJEN JOHN W Sym			2. Issuer Name and Ticker or Trading Symbol STERLING BANCORP [STL]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	`	(Month/ 12/31/2	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2005				(Check all applicable) Director 10% Owner _X_ Officer (give title Other (specify below)			
650 FIFTH A FLOOR					below)					
	(Street)	nendment, Date Original onth/Day/Year) 2006				6. Individual or Joint/Group Reporting (check applicable line)				
NEW YORK, NY 10019							_X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person			
(City)	(State)	(Zip) Tak	ole I - Non-Deri	ivative Sec	curitie	s Acqu	ired, Disposed o	of, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code	4. Secur Acquired Disposed (Instr. 3,	d (A) od of (D) 4 and (A) or)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	12/31/2005	Â	<u>J(1)</u>	15	A	\$0	42,570	D (2) (3) (4)	Â	
Common Stock	Â	Â	Â	Â	Â	Â	7,695	I	By 401(k)	
Reminder: Repo securities benefi	Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.						SEC 2270 (9-02)			

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$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Secu Acqu (A) o	vative urities uired or oosed O) er. 3,	6. Date Exercisable Expiration Date (Month/Day/Year)		7. Title and A Underlying S (Instr. 3 and	Seci
					(A)	(D)	Date Exercisable	Expiration Date	Title	or N of
Incentive Stock Options (right to buy)	\$ 6.48	Â	Â	Â	Â	Â	01/31/1998(6)	01/31/2007	Common Stock	4
Incentive Stock Options (right to buy)	\$ 10.34	Â	Â	Â	Â	Â	02/10/1999(7)	02/10/2008	Common Stock	3
Incentive Stock Options (right to buy)	\$ 8.69	Â	Â	Â	Â	Â	02/12/2003(8)	02/12/2009	Common Stock	4
Incentive Stock Options (right to buy)	\$ 6.94	Â	Â	Â	Â	Â	02/11/2007(9)	02/11/2010	Common Stock	3
Incentive Stock Options (right to buy)	\$ 14.6	Â	Â	Â	Â	Â	02/06/2010(10)	02/06/2012	Common Stock	1
Non-qualified Stock Options (right to buy)	\$ 6.94	Â	Â	Â	Â	Â	02/11/2001(11)	02/11/2010	Common Stock	•
Non-qualified Stock Options (right to buy)	\$ 14.6	Â	Â	Â	Â	Â	02/06/2003(11)	02/06/2012	Common Stock	2

Reporting Owners

Reporting Owner Name / Address	Relationships						
rg	Director	10% Owner	Officer	Other			
TIETJEN JOHN W 650 FIFTH AVENUE 4TH FLOOR NEW YORK, NY 10019	Â	Â	EVP and CFO	Â			

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Signatures

/s/ Tietjen, John 02/14/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Reporting person received an additional 15 shares in his profit sharing plan as a result of reinvestment of dividends held in profit sharing plan and securities issued as a result of stock dividends or splits. Reporting person does not have sole voting and investment power with respect to this security. These shares are held in profit sharing plans as to which he has the power to direct the vote.
- (2) Reporting person has shared voting and investment power with respect to these securities (to the extent he has not disclaimed ownership thereof), except for 228 shares held in a profit sharing plan, as to which he has the power to direct the vote.
- (3) Includes securities issued as a result of a stock split in the form of a 5% dividend paid by issuer on December 12, 2005; exercise prices have been adjusted accordingly.
- (4) Upon termination of ESOP plan shares transferred to main brokerage account.
- Options became exercisable in installments over a two-year period from date of grant and for a term of 10 years from grant date (first exercisable date listed).
- Options became exercisable in three installments on the first anniversary of the grant, for a term of 10 years from date of grant (first exercisable date listed).
- Options become exercisable, commencing on fourth anniversary of the grant, in installments over a five-year period for a term of 10 years from grant date (first exercisable date listed).
- (9) Options become exercisable in three installments commencing on the seventh anniversary of the grant date and for a term of 10 years from grant date (first exercisable date listed).
- (10) Options become exercisable in two installments commencing on the eighth anniversary of the grant date and for a term of 10 years from grant date (first exercisable date listed).
- (11) Non-qualified options are exercisable commencing on the first anniversary of the grant for a term of 10 years from grant date (first exercisable date listed).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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