KADANT INC

Form 4

December 24, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

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OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response...

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X Form filed by One Reporting Person ____ Form filed by More than One Reporting

Person

Estimated average

See Instruction

1(b).

(Print or Type Responses)

1 Name and Address of Departing D

OBRIEN THOMAS M			2. Issuer Name and Ticker or Trading Symbol	S. Relationship of Reporting Person(s) to Issuer			
			KADANT INC [KAI]	(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction				
ONE TECHNOLOGY PARK DRIVE (Street)			(Month/Day/Year) 12/22/2014	Director 10% OwnerX Officer (give title Other (specify below) CFO, EXECUTIVE VICE PRESIDENT 6. Individual or Joint/Group Filing(Check Applicable Line)			
			4. If Amendment, Date Original Filed(Month/Day/Year)				

WESTFORD, MA 01886

(City)	(State)	(Zip) Tabl	le I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	on(A) or D	. Securities Acquired A) or Disposed of (D) Instr. 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	12/22/2014		Code V M(1)	Amount 938	(D)	Price \$ 14.17	15,574	D		
Common Stock	12/22/2014		S <u>(1)</u>	938	D	\$ 42.99	14,636	D		
Common Stock	12/23/2014		S <u>(1)</u>	4,000	D	\$ 42.99	10,636	D		
Common Stock	12/22/2014		M(1)	4,062	A	\$ 14.17	14,698	D		
Common Stock	12/23/2014		S <u>(1)</u>	4,062	D	\$ 42.99	10,636	D		

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Common 1,017 D \$ 9,619 12/23/2014 $S^{(1)}$ D Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 14.17	12/22/2014		M	938	(2)	03/03/2020	Common Stock	938
Stock Option (Right to Buy)	\$ 14.17	12/23/2014		M	4,062	(2)	03/03/2020	Common Stock	4,062

Reporting Owners

Relationships Reporting Owner Name / Address

Director 10% Owner Officer Other

SEC 1474

(9-02)

8.1 De Sec (In

OBRIEN THOMAS M ONE TECHNOLOGY PARK DRIVE

CFO, EXECUTIVE VICE PRESIDENT

WESTFORD, MA 01886

Signatures

by Sandra L. Lambert for Thomas M. O'Brien

12/24/2014

**Signature of Reporting Person

Date

2 Reporting Owners

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transaction reported on this Form 4 was executed pursuant to a Rule 10b-5-1 Trading Plan adopted March 21, 2014
- (2) This stock option vested and became exercisable in three annual installments beginning on March 3, 2011, provided the reporting person is employed by the issuer on the vesting date, and is fully vested and exercisable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.