ALLIED CAPITAL CORP Form 8-K November 08, 2006

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported):

November 8, 2006

Allied Capital Corporation

(Exact name of registrant as specified in its charter)

Maryland	0-22832	52-1081052		
(State or other jurisdiction of incorporation)	(Commission File Number)	(I.R.S. Employe Identification No		
1919 Pennsylvania Avenue, N.W., Washington, District of Columbia		20006		
(Address of principal executive offices)		(Zip Code)		
Registrant s telephone number, including area	code:	202 721-6100		
	Not Applicable			
Former name or	r former address, if changed since la	ast report		

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

[Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
[Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
[Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
Γ	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 2.02 Results of Operations and Financial Condition.

On November 8, 2006, Allied Capital issued a press release announcing its third quarter 2006 financial results. The press release is included as Exhibit 99.1 to this Form 8-K.

Item 9.01 Financial Statements and Exhibits.

- (a) Not applicable.
- (b) Not applicable.
- (c) Exhibits

Exhibit No. Description

99.1 Press release dated November 8, 2006.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Allied Capital Corporation

November 8, 2006 By: Penni F. Roll

Name: Penni F. Roll

Title: Chief Financial Officer

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Exhibit No.	Description		
99.1	Press release dated November 8, 2006.		

width="50%">Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of tionDerivative Securities) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amoun or Numbe of Shar
STOCK OPTION (4)	\$ 36.12						01/01/2013	02/02/2020	COMMON STOCK	21,75
STOCK OPTION (4)	\$ 50.5						01/01/2014	02/03/2021	COMMON STOCK	31,38
STOCK OPTION (4)	\$ 43.24						01/01/2015	02/02/2022	COMMON STOCK	49,10
STOCK OPTION	\$ 47.81						01/01/2016	02/06/2023	COMMON STOCK	43,67
STOCK OPTION	\$ 59.15						01/01/2017	02/07/2024	COMMON STOCK	34,39
STOCK OPTION (4)	\$ 62.46						01/01/2018	02/04/2025	COMMON STOCK	58,37
STOCK OPTION	\$ 50						01/01/2019	02/04/2026	COMMON STOCK	92,38
STOCK OPTION	\$ 67.63						01/01/2020	02/07/2027	COMMON STOCK	73,14

STOCK

OPTION 02/07/2018 \$ 68.69

 $A^{(4)}$ 64,460 01/01/2021 02/07/2028

COMMON

STOCK

Reporting Owners

Relationships Reporting Owner Name / Address

> Officer Director 10% Owner Other

ARMSTRONG RONALD E

BELLEVUE, WA 98004

777 106TH AVENUE NE X Chief Executive Officer

Signatures

Ronald E. Armstrong by Irene E. Song **POA**

02/09/2018

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock awarded under PACCAR Long Term Incentive Plan (LTIP).
- (2) Shares held in PACCAR Savings Investment Plan (SIP).
- Balance includes shares awarded under SIP (Company match) since date of last report in a transaction that was exempt under both Rule (3)16b-3(d) and Rule 16b-3 (c).
- (4) Option to buy awarded under PACCAR Long Term Incentive Plan (LTIP).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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