TRUTA JOSEPH M

Form 4 June 04, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

30(h) of the Investment Company Act of 1940

OMB

3235-0287 Number:

OMB APPROVAL

January 31, Expires: 2005

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Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

See Instruction 1(b).

(Print or Type Responses)

(Ctata)

1. Name and Address of Reporting Person * TRUTA JOSEPH M			2. Issuer Name and Ticker or Trading Symbol PETROLEUM & RESOURCES CORP [PEO]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 7 ST PAUL S	(Last) (First) (Middle) ST PAUL STREET, STE 1140		3. Date of Earliest Transaction (Month/Day/Year) 06/03/2009	Director 10% Owner X Officer (give title Other (specifically) below) Executive Vice President			
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person			
BALTIMORE	E, MD 21202	2		Form filed by More than One Reporting Person			

(City)	(State)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if	3. 4. Securities Acquired Transaction(A) or Disposed of (D)				5. Amount of Securities	6. Ownership Form: Direct	hip 7. Nature of ect Indirect	
(Instr. 3)	•	any	Code	(Instr. 3,	4 and	5)	Beneficially	(D) or	Beneficial	
		(Month/Day/Year)	(Instr. 8)				Owned Following Reported	Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
					(A) or		Transaction(s) (Instr. 3 and 4)			
			Code V	Amount	(D)	Price	(Instr. 5 and 1)			
Common Stock	06/03/2009		M	3,690	A	\$ 12.62	3,690	D		
Common Stock	06/03/2009		M	3,690	D	\$ 22.98	15,260	I	Direct and Indirect (1)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options w/tandem SARs	\$ 12.62	06/03/2009		M		3,690	01/01/2009	01/11/2011	Common Stock	3,690

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

TRUTA JOSEPH M
7 ST PAUL STREET
STE 1140
BALTIMORE, MD 21202

Executive Vice President

Signatures

Joseph M. Truta 06/04/2009

**Signature of Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Of these shares, 6,890 are held directly and 8,370 are held indirectly by the Issuer's Thrift Plan Trust (as of 12/31/2008).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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