

SWIFT VIRGIL N
Form 4
November 05, 2004

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
SWIFT VIRGIL N

2. Issuer Name and Ticker or Trading Symbol
SWIFT ENERGY CO [SFY]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
16825 NORTHCHASE DRIVE,
SUITE 400

3. Date of Earliest Transaction
(Month/Day/Year)
11/04/2004

Director 10% Owner
 Officer (give title below) Other (specify below)

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

HOUSTON, TX 77060

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				(A) or (D) Code V Amount Price			
Common Stock	11/04/2004 ⁽¹⁾	11/04/2004	S ⁽²⁾	225 D \$ 25.02	149,035	D	
Common Stock	11/04/2004	11/04/2004	S ⁽²⁾	350 D \$ 25	148,685	D	
Common Stock	11/04/2004	11/04/2004	S ⁽³⁾	525 D \$ 25.7	73,920	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	S ⁽³⁾	150 D \$ 25.69	73,770	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	S ⁽³⁾	1,080 D \$ 25.65	72,690	I	Family Partnership

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Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	120	D	\$ 25.64	72,570	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	450	D	\$ 25.62	72,120	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	225	D	\$ 25.61	71,895	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	450	D	\$ 25.6	71,445	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	450	D	\$ 25.59	70,995	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	525	D	\$ 25.58	70,470	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	300	D	\$ 25.57	70,170	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	300	D	\$ 25.55	69,870	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	450	D	\$ 25.53	69,420	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	150	D	\$ 25.51	69,270	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	1,478	D	\$ 25.5	67,792	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	225	D	\$ 25.46	67,567	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	97	D	\$ 25.38	67,470	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	300	D	\$ 25.37	67,170	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	150	D	\$ 25.35	67,020	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	300	D	\$ 25.3	66,720	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	225	D	\$ 25.29	66,495	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	75	D	\$ 25.27	66,420	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	300	D	\$ 25.25	66,120	I	Family Partnership
Common Stock	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	75	D	\$ 25.14	66,045	I	Family Partnership
	11/04/2004	11/04/2004	<u>S⁽³⁾</u>	525	D		65,520	I	

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Common Stock	\$ 25.05			Family Partnership
Common Stock	8,955	I		by Family Member
Common Stock	6,121	I		held in IRA

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

SWIFT VIRGIL N
16825 NORTHCHASE DRIVE, SUITE 400 X
HOUSTON, TX 77060

Signatures

Karen Bryant POA for Virgil N. Swift 11/05/2004

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Due to various sales prices this report is the second of three filed to report the insider's transactions on November 4, 2004.
- (2) The sales reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on July 11, 2004.
These shares were sold by VNS & CLS Partners Ltd., a Texas Limited Partnership, of which reporting person is the beneficial owner of 92.5% (74,445 shares) and disclaims beneficial ownership of 7.5% (8,955 shares) held by persons outside of the reporting person's immediate family. The partnership's sales were effected pursuant to a Rule 10b5-1 trading plan adopted by the limited partnership on July 11, 2004.
- (3)

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.