Okeson Nils H
Form 3
September 10, 2007

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Â Okeson Nils H

(Last) (First) (Middle)

ARBY'S RESTAURANT GROUP, INC.,Â 1155 PERIMETER CENTER WEST

(Street)

ATLANTA,Â GAÂ 30338

(City) (State) (Zip)

2. Date of Event Requiring Statement (Month/Day/Year)
09/01/2007

3. Issuer Name **and** Ticker or Trading Symbol
TRIARC COMPANIES INC [TRY;TRY.B]

4. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

_____ Director _____ 10% Owner
__X__ Officer _____ Other
(give title below) (specify below)
SVP & Assoc. GC & Secretary

5. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
_X_ Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1.Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Class B Common Stock, Series 1	10,000	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (*e.g.*, puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative	5. Ownership Form of Derivative Security:	6. Nature of Indirect Beneficial Ownership (Instr. 5)

	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Security	Direct (D) or Indirect (I) (Instr. 5)	
Employee Stock Option (right to buy) (1)	Â (2)	04/28/2016	Class B Common Stock, Series 1	42,500	$ 16.22	D	Â
Employee Stock Option (right to buy) (1)	Â (3)	05/23/2017	Class B Common Stock, Series 1	25,000	$ 15.84	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Okeson Nils H ARBY'S RESTAURANT GROUP, INC. 1155 PERIMETER CENTER WEST ATLANTA,Â GAÂ 30338	Â	Â	Â SVP & Assoc. GC & Secretary	Â

Signatures

/s/ Okeson, Nils H.	09/10/2007
**Signature of Reporting Person	Date

Explanation of Responses:

***** If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).

****** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) With tandem net exercise and tax withholding rights.

(2) The option vests in three equal installments. One-third of the options vested on April 28, 2007. One-third of the options will vest on each of April 28, 2008 and 2009.

(3) The option vests in three equal installments on May 23, 2008, 2009 and 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure.
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