REMEDYTEMP INC Form 8-K October 21, 2004

California

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report ((Date of Earliest Event Reported)	: October 21,	. 2004

RemedyTemp, Inc.

(Exact name of registrant as specified in its charter)

0-5260

(State or other jurisdiction of incorporation)	(Commission File Number)	(I.R.S. Employer Identification No.)
101 Enterprise, Aliso Viejo, California		92656
(Address of principal executive offices)		(Zip Code)
Registrant s telephone number, including area code:		949-425-7600
N	ot Applicable	
Former name or former	address, if changed since last	report
eck the appropriate box below if the Form 8-K filing is intended	I to simultaneously satisfy the	filing obligation of the registrant under
following provisions:	, ,	
Written communications pursuant to Rule 425 under the Secur Soliciting material pursuant to Rule 14a-12 under the Exchang Pre-commencement communications pursuant to Rule 14d-2(b. Pre-commencement communications pursuant to Rule 13e-44c.	ge Act (17 CFR 240.14a-12) b) under the Exchange Act (17	

95-2890471

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Item 7.01. Regulation FD Disclosure.

On October 21, 2004, RemedyTemp, Inc. issued a press release which is incorporated into this Item 7.01 by reference. A copy of that press release is attached hereto as Exhibit 99.1.

The information in this Current Report and the exhibit attached to this Current Report as Exhibit 99.1 is being furnished and shall not be deemed "filed" for purposes of Section 18 of the Securities Act of 1934 or otherwise subject to the liabilities of that Section nor shall they be deemed incorporated by reference into any filing under the Securities Act of 1933 or the Securities Act of 1934, except as shall be expressly stated by specific reference in such filing.

Item 9.01. Financial Statements and Exhibits.

(c) Exhibits

99.1 Press Release dated October 21, 2004

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

RemedyTemp, Inc.

October 21, 2004 By: Monty A. Houdeshell

Name: Monty A. Houdeshell Title: Chief Financial Officer

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Exhibit Index

Exhibit No.	Description
99.1	Press release dated October 21, 204