La Quinta Holdings Inc. Form SC 13G February 16, 2016

> UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

> > SCHEDULE 13G

Under the Securities Exchange Act of 1934

(Initial Filing)*

La Quinta Holdings Inc.

(Name of Issuer)

Common Stock ------(Title of Class of Securities)

the of class of securitie

50420D108

(CUSIP Number)

Date of Event which Requires Filing of this Statement

December 31, 2015

Check the appropriate box to designate the rule pursuant to which the Schedule is filed:

[x] Rule 13d-1(b)
[] Rule 13d-1(c)
[] Rule 13d-1(d)
* The remainder of this cover page shall be filled out for a reporting
person's initial filing on this form with respect to the subject class of
securities, and for any subsequent amendment containing information which
would alter the disclosures provided in prior coverage.

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

SEC 1745 (12-02)

Schedule 13G (continued)

CUSIP No. 50420D108

1 NAME OF REPORTING PERSON

		Edga	ar Filing:	La Quin	ta Holdin	igs Inc.	- Form	SC 130	G	
	S.S. OR I	.R.S.	IDENTIFI	[CATION]	NO. OF A	BOVE P	ERSON			
	Cohen & St	teers,	Inc. 14	1-190465	7					
2	CHECK THE	APPRO	PRIATE E	30X IF A	MEMBER	OF A G	ROUP*		[] [x]	
3	SEC USE OI	NLY								
4	CITIZENSH	IP OR	PLACE OF	ORGANI	ZATION					
	Delaware									
S	IBER OF SHARES SFICIALLY	5	SOLE VO 8,303,		WER					
OW	WNED BY EACH PORTING	6	SHARED 0	VOTING	POWER					
	PERSON WITH	7	SOLE DI 9,168,		VE POWER					
		8	SHARED 0	DISPOSI	TIVE POW	ER				
9	AGGREGATE 9,168,51		IT BENEFI	[CIALLY	BY	EACH	REPORTI	NG PERS	SON	
10	CHECK BOX	IF TH	E AGGREO	GATE AMO	UNT IN R	.OW (9)	EXCLUD	ES CERI	CAIN SH	HARES*
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)									
	7.07%									
12	TYPE OF REPORTING PERSON*									
	HC, CO									
		*	SEE INST	RUCTION	S BEFORE	FILLI	NG OUT			
Schedu	ile 13G (co	ntinue	ed)							
CUSIP	No. 50420D	108								
1	NAME OF RI S.S. OR I				NO. OF A	BOVE P	ERSON			
	Cohen & Steers Capital Management, Inc. 13-3353336									
2	CHECK THE	APPRO	PRIATE E	30X IF A	MEMBER	OF A G	ROUP*		[] [x]	
 3	SEC USE OI									

2

	4 CITIZENSHI	P OR P	LACE OF ORGANI	ZATION					
	New York								
	NUMBER OF SHARES	5	SOLE VOTING POWER 8,303,271						
EACH			SHARED VOTING POWER 0						
1	REPORTING PERSON WITH	7	SOLE DISPOSITIVE POWER 9,168,510						
		8	SHARED DISPOSI 0	TIVE POWER					
	9 AGGREGATE	AMOUNT	BENEFICIALLY	OWNED BY EACH R	EPORTING PERSON				
	9,168,510								
1		IF THE	AGGREGATE AMO	UNT IN ROW (9)	EXCLUDES CERTAIN SHARES*				
	[]								
1	11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)								
	7.07%								
12	12 TYPE OF REPORTING PERSON*								
	IA, CO								
		*S	EE INSTRUCTION	S BEFORE FILLIN	g out				
Sche	edule 13G (con [.]	tinued	.)						
CUS	IP No. 50420D1	08							
1)	NAME OF REPORTING PERSON S.S. OR I.R.S. IDENTIFICATION NO. OF ABOVE PERSON (entities only)								
	Cohen & Steers UK Limited								
2)	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP								
					(a) [] (b) [x]				
3)	SEC USE ONLY								
4)	CITIZENSHIP O		E OF ORGANIZAT	ION					
	United Kingdor	Jnited Kingdom							
	NUMBER OF	5)	SOLE VOTING PO	 WER					

SHARES BENEFICIALLY 6) SHARED VOTING POWER 0 OWNED BY EACH _____ REPORTING 7) SOLE DISPOSITIVE POWER PERSON 0 _____ WITH 8) SHARED DISPOSITIVE POWER 0 _____ _____ 9) AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 0 _____ 10) CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES [] _____ 11) PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9) 0.00% _____ _____ 12) TYPE OF REPORTING PERSON IA, CO _____ *SEE INSTRUCTIONS BEFORE FILLING OUT! Schedule 13G (continued) Item 1. (a) Name of Issuer: La Quinta Holdings Inc. (b) Address of Issuer's Principal Executive Offices: 909 Hidden Ridge, Suite 600 Irving, TX 75038 Item 2. (a) Name of Persons Filing: Cohen & Steers, Inc. Cohen & Steers Capital Management, Inc. Cohen & Steers UK Ltd (b) Address of Principal Business Office for Cohen & Steers, Inc. and Cohen & Steers Capital Management, Inc. is: 280 Park Avenue 10th Floor New York, NY 10017 The principal address for Cohen & Steers UK Ltd. is: Cohen & Steers UK Ltd

21 Sackville Street 4th Floor

London, United Kingdom W1S 3DN

	(c) (d) (e)	C C Tit C CUS	ohen a ohen a	& Steers, Inc: Delaware corporation & Steers Capital Management, Inc: New York corporation & Steers UK Ltd: United Kingdom Private Limited Company Class Securities: n mber:			
Item 3.				tatement is filed pursuant to Rule 13d-1(b), or check whether the person filing is a			
		(a)	[]	Broker or Dealer registered under Section 15 of the Act			
		(b)	[]	Bank as defined in Section 3(a)(6) of the Act			
		(c)	[]	Insurance Company as defined in section 3(a)(19) of the Act			
		(d)	[]	Investment Company registered under Section 8 of the Investment Company Act			
		(e)	[x]	An investment advisor in accordance with Section 240.13d-1(b)(1)(ii)(E)			
		(f)	[]	An employee benefit plan or endowment fund in accordance with 240.13d-1(b)(1)(ii)(F) $$			
		(g)	[x]	A parent holding company or control person in accordance with Section 240.13d-1(b)(1)(ii)(G) $$			
		(h)	[]	A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813)			
		(i)	[]	A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940 (15U.S.C. 80a-3)			
		(j)	[]	Group, in accordance with Section 240.13d-1(b)(l)(ii)(J)			
Item 4.	C	WNER	SHIP:				
	(a) Amount Beneficially Owned as of December 31, 2015:						
		w 9 on cover sheet					
	(b)	b) Percent of Class:					
		S	ee ro	w 11 on cover sheet			

- (c) Number of shares as to which such person has:(i) sole power to vote or direct the vote: See row 5 on cover sheet
 - (ii) shared power to vote or direct the vote: See row 6 on cover sheet
 - (iii) sole power to dispose or to direct

the disposition of: See row 7 on cover sheet

- (iv) shared power to dispose or direct the disposition of: See row 8 on cover sheet
- Item 5. OWNERSHIP OF 5% OR LESS OF A CLASS NO
- Item 6. OWNERSHIP OF MORE THAN 5% ON BEHALF OF ANOTHER PERSON $\rm N/A$
- Item 7. IDENTIFICATION AND CLASSIFICATION OF THE SUBSIDIARY WHICH ACQUIRED THE SECURITY BEING REPORTED ON BY THE PARENT HOLDING COMPANY

Cohen & Steers, Inc. holds a 100% interest in Cohen & Steers Capital Management, Inc., an investment advisor registerd under Section 203 of the Investment Advisers Act.

Item 8. IDENTIFICATION AND CLASSIFICATION OF MEMBERS OF THE GROUP

Cohen & Steers, Inc holds a 100% interest in Cohen & Steers Capital Management, Inc., an investment advisor registerd under Section 203 of the Investment Advisers Act.

Item 9 NOTICE OF DISSOLUTION OF GROUP: Not Applicable

Item 10. Certification

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired and are held in the ordinary course of business and were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of such securities and were not acquired and are not held in connection with or as a participant in any transaction having that purposes or effect.

Signature

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Date: February 16, 2016

Cohen & Steers, Inc. Cohen & Steers Capital Management, Inc.

By:

/s/ Lisa Phelan

Signature

Lisa Phelan, Executive Vice President, Chief Compliance Officer

Name and Title

Cohen & Steers UK Limited. By: /s/ Heather Kaden

Signature

Heather Kaden Compliance Officer

Name and Title

JOINT FILING AGREEMENT

In accordance with Rule 13d-1(k) promulgated under the Securities Exchange Act of 1934, as amended, the undersigned hereby agree to the joint filing with all other Reporting Persons (as such term is defined in the Schedule 13G referred to below) on behalf of each of them of a Statement on Schedule 13G including amendments thereto with respect to the Common Shares of DCT Industrial Trust Inc. and that this Agreement may be included as an Exhibit to such joint filing. This Agreement may be executed in any number of counterparts, all of which together shall constitute one and the same instrument.

IN WITNESS WHEREOF, the undersigned hereby execute this Agreement as of February 16, 2016.

Cohen & Steers, Inc. Cohen & Steers Capital Management, Inc.

By:

/s/ Lisa Phelan

Signature

Lisa Phelan, Executive Vice President, Chief Compliance Officer

Name and Title

Cohen & Steers UK Limited. By:

/s/ Heather Kaden

Signature

Heather Kaden Compliance Officer

Name and Title