SCHUESSLER JOHN T

Form 4

August 10, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Expires:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(City)

Common

Stock

(State)

08/08/2005

(Zip)

(Print or Type Responses)

| 1. Name and Address of Reporting Person * SCHUESSLER JOHN T | 2. Issuer Name and Ticker or Trading Symbol WENDYS INTERNATIONAL INC [WEN] | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | |
|--------------------------------------------------------------------|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| (Last) (First) (Middle) WENDY'S INTERNATIONAL, INC., P. O. BOX 256 | 3. Date of Earliest Transaction (Month/Day/Year) 08/08/2005 | _X_ Director 10% Owner _X_ Officer (give title Other (specify below) OTHER CHAIRMAN, C.E.O. & PRESIDENT | | |
| (Street) DUBLIN, OH 43017-0256 | 4. If Amendment, Date Original Filed(Month/Day/Year) | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person | | |

| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | Execution Date, if any | Code | 4. Securities Acquired (A) oner Disposed of (D) (Instr. 3, 4 and 5) | Securities Beneficially | 6. Ownership Form: | 7. Nature of Indirect Beneficial |
|--------------------------------------|-----------------------------------------|------------------------|--------------------|---------------------------------------------------------------------|----------------------------------------------------------|------------------------------------------------|----------------------------------|
| | | (Month/Day/Year) | (Instr. 8) Code V | (A) or Amount (D) Price | Owned Following Reported Transaction(s) (Instr. 3 and 4) | Direct (D) or Indirect (I) (Instr. 4) | Ownership (Instr. 4) |
| Common Stock | 08/08/2005 | | M | 4,594 A \$ 26.74 | 139,510 | D | |

79,500 A

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

\$ 27.99 219,010

D

| Stock | | | | | | | |
|-----------------|------------|--------------|--------|---|--------------|---------|---|
| Common Stock | 08/08/2005 | S <u>(1)</u> | 84,094 | D | \$ 49.234 | 134,916 | D |

M

Common BY Ι 74,118 Stock **TRUST**

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercise Expiration Date (Month/Day/Y | e | 7. Title and A Underlying S (Instr. 3 and | Securi |
|-----------------------------------------------------|-----------------------------------------------------------------------|--------------------------------------|-------------------------------------------------------------|-----------------------------------------|-------------------------------------------------------------------------------------------|-----------------------------------------------|--------------------|-------------------------------------------------|--------------------------|
| | | | | Code V | (A) (D) | Date Exercisable | Expiration Date | Title | Amo or Nun of S |
| OPTION (RIGHT TO PURCHASE) | \$ 26.74 | 08/08/2005 | | M | 4,594 | 08/01/2002 | 07/31/2011 | Common Stock | 4,5 |
| OPTION (RIGHT TO PURCHASE) | \$ 27.99 | 08/08/2005 | | M | 79,500 | 04/23/2004 | 04/22/2013 | Common Stock | 79, |

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

SCHUESSLER JOHN T

WENDY'S INTERNATIONAL, INC.
P. O. BOX 256

CHAIRMAN, C.E.O. & PRESIDENT

7. O. DOM 250

DUBLIN, OH 43017-0256

Signatures

Person

JOHN T

SCHUESSLER 08/10/2005

**Signature of Reporting Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) SALE IN CONNECTION WITH EXERCISE OF EMPLOYEE STOCK OPTIONS.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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