

RYANAIR HOLDINGS PLC  
Form 6-K  
March 24, 2014

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16  
of the Securities Exchange Act of 1934

For the month of March 2014

RYANAIR HOLDINGS PLC  
(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office  
Dublin Airport  
County Dublin Ireland  
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual  
reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information  
contained in this Form is also thereby furnishing the information to the  
Commission pursuant to Rule 12g3-2(b) under the Securities Exchange  
Act of 1934.

Yes ..... No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant  
in connection with Rule 12g3-2(b): 82- \_\_\_\_\_

Notification of Transactions of (1) Persons Discharging Managerial Responsibility and (2) Persons closely associated with Persons Discharging Managerial Responsibility

This form is intended for use by an issuer making a notification required by Rules 7.2 and 7.3 of the Central Bank of Ireland's Market Abuse Rules in relation to a person falling within either of the above categories of individual. These categories are defined in Regulation 12 (8) of the Market Abuse (Directive 2003/6/EC) Regulations 2005 and are detailed as part of this form.

All relevant boxes should be completed in block capital letters.

1	Name of the Issuer	2	Name of person discharging managerial responsibilities
	RYANAIR HOLDINGS PLC		LOUISE PHELAN
3	State whether notification relates to a person closely associated with a person discharging managerial responsibilities named in 2 and identify the connected person		Indicate whether the notification is in respect of a holding of the person referred to in 2 or 3 above or in respect of a non-beneficial interest
	NO		LOUISE PHELAN
5	Description of shares or derivatives or other financial instruments linked to them	6	Name of registered shareholder(s) and, if more than one, number of shares or derivatives or other financial instruments linked to them, held by each shareholder
	ORDINARY SHARES OF €0.0063 EACH		LOUISE PHELAN
7	State the nature of the transaction	8	Number of shares, derivatives or other financial instruments linked to them acquired
	ACQUISITION OF ORDINARY SHARES		7000
9	Number of shares, derivatives or other financial instruments linked to them disposed of	10	Price per share or derivative or other financial instrument linked to them or value of transaction
	NOT APPLICABLE		€7.1219
11	Date and place of transaction	12	Date issuer informed of transaction

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20 MARCH 2014 - ISE  
 13 Any additional information 14  
 NOT APPLICABLE  
 23 March 2014  
 Name of contact and telephone number for queries  
 JULIUSZ KOMOREK - 01 812 1212

Person authorised on behalf of the issuer responsible for making the notification \_\_\_\_\_ JULIUSZ KOMOREK

Date of notification \_\_\_\_\_ 24 MARCH 2014

Information required under Irish Stock Exchange Listing Rule 6.10

The following additional information is required to be disclosed under ISE Listing Rule 6.10 in respect of interests in securities of a director or secretary or their connected persons. An issuer is not being required to submit the information below to the Central Bank in respect of any PDMR who is also a director/secretary/connected persons.

15	Name of director or secretary (if not required to be stated in box 2)	16	State whether the notification relates to a single transaction being notified in accordance with the Market Abuse Rules and ISE LR 6.10
	NOT APPLICABLE		YES
17	Description of class of share	18	Percentage of issued class acquired (treasury shares of that class should not be taken into account when calculating percentage)
	ORDINARY SHARES OF €0.0063 EACH		0.0005%
19	Percentage of issued class disposed (treasury shares of that class should not be taken into account when calculating percentage)	20	Total holding following notification and total percentage holding following notification (any treasury shares should not be taken into account when calculating percentage)
	NOT APPLICABLE		LOUISE PHELAN NOW HOLDS 7000 ORDINARY SHARES OR 0.0005 %.

If a person whose interests are required to be disclosed under ISE Listing Rule 6.10 has been granted options by the issuer, please complete the following boxes:

21	Date of grant	22	Period during which or date on which it can be exercised
	NOT APPLICABLE		NOT APPLICABLE
23	Total amount paid (if any) for grant of the option	24	Description of shares involved (class and number)
	NOT APPLICABLE		

25	Exercise price (if fixed at time of grant) <sup>26</sup> or indication that the price is to be fixed at the time of exercise	NOT APPLICABLE Total number of shares over which options are held following notification
	NOT APPLICABLE	NOT APPLICABLE

Name and signature of duly designated officer of issuer responsible for making notification

\_\_\_\_JULIUSZ KOMOREK

Date of notification \_\_\_\_24 MARCH 2014

The duly designated officer of the issuer responsible for making this notification acknowledges and confirms that he/she is aware that the information as has been provided in response to the questions 15 to 26 above is not information which has been required by or which has been requested by the Central Bank, and is information which is required to be provided to the Irish Stock Exchange only.

#### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 24 March, 2014

By: \_\_\_/s/ Juliusz Komorek\_\_\_

Juliusz Komorek  
Company Secretary