

PUCHNER ALEX
Form 4
November 16, 2009

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
PUCHNER ALEX

(Last) (First) (Middle)

7755 CENTER AVENUE, SUITE 300

(Street)

HUNTINGTON BEACH, CA 92647

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
BJs RESTAURANTS INC [BJRI]

3. Date of Earliest Transaction (Month/Day/Year)
11/16/2009

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)

Sr. Vice President Brewing Ops

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)
Common Stock, no par value				(A)	6,955 ⁽⁴⁾	D	
Common Stock, no par value	11/16/2009		S	5,000	\$ 17.6136	D	By Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares
Common Stock Purchase Option	\$ 3.65			V	(A)	06/08/2002 ⁽¹⁾ 06/08/2011	Common Stock	75,000
Common Stock Purchase Option	\$ 13.57			V	(A)	02/09/2005 ⁽²⁾ 04/15/2014	Common Stock	2,500
Common Stock Purchase Option	\$ 15.5			V	(A)	02/22/2007 ⁽³⁾ 02/22/2015	Common Stock	4,570
Common Stock Purchase Option	\$ 23.26			V	(A)	01/04/2007 ⁽²⁾ 01/04/2016	Common Stock	10,000
Common Stock Purchase Option	\$ 19.96			V	(A)	01/03/2008 ⁽²⁾ 01/03/2017	Common Stock	7,500
Non Qualified Stock Options	\$ 16.63			V	(A)	01/02/2009 ⁽²⁾ 01/02/2018	Common Stock	4,700
Non Qualified Stock Options	\$ 10.11	12/31/2008		A	10,500	12/31/2009 ⁽²⁾ 12/31/2018	Common Stock	10,500

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

PUCHNER ALEX
7755 CENTER AVENUE
SUITE 300
HUNTINGTON BEACH, CA 92647

Sr. Vice President Brewing Ops

Signatures

Dianne Scott, Attorney-in-fact for Alexander M.
Puchner

11/16/2009

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options vest 33 1/3% per year beginning on the first anniversary of the date of grant.
- (2) The options vest 20% per year beginning on the first anniversary of the date of grant.
- (3) The options vest 33 1/3% per year beginning on the third anniversary of the date of grant.
- (4) Includes restricted stock award of 1,955 shares vesting 391 shares each on 1/2/2009, 1/2/2010, 1/2/2011, 1/2/2012 and 1/2/2013. Includes restricted stock award of 5,000 shares vesting 1,000 shares each on 12/31/2009, 12/31/2010, 12/31/2011, 12/31/2012 and 12/31/2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.