

TRIUMPH GROUP INC /  
Form 3  
July 28, 2009

**FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION**  
**Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0104  
Expires: January 31, 2005  
Estimated average burden hours per response... 0.5

**INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,  
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section  
30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *		2. Date of Event Requiring Statement	3. Issuer Name <b>and</b> Ticker or Trading Symbol	
Â FRISBY JEFFRY D		(Month/Day/Year)	TRIUMPH GROUP INC / [TGI]	
(Last)	(First)	(Middle)	07/23/2009	
1550 LIBERTY RIDGE DRIVE,Â SUITE 100			4. Relationship of Reporting Person(s) to Issuer	5. If Amendment, Date Original Filed(Month/Day/Year)
(Street)			(Check all applicable)	
WAYNE,Â PAÂ 19087			<input type="checkbox"/> Director <input type="checkbox"/> 10% Owner	6. Individual or Joint/Group Filing(Check Applicable Line)
(City)	(State)	(Zip)	<input checked="" type="checkbox"/> Officer <input type="checkbox"/> Other	<input checked="" type="checkbox"/> Form filed by One Reporting Person
			(give title below) (specify below)	<input type="checkbox"/> Form filed by More than One Reporting Person
			President & COO	

**Table I - Non-Derivative Securities Beneficially Owned**

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	1,957	D	Â
Common Stock	1,853 <sup>(3)</sup>	D	Â
Common Stock	2,865 <sup>(4)</sup>	D	Â
Common Stock	4,538 <sup>(5)</sup>	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

**Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

Edgar Filing: TRIUMPH GROUP INC / - Form 3

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)		
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			
Employee Stock Option (right to buy)	Â (1)	04/20/2011	Common Stock	6,436	\$ 38.35	D	Â
Employee Stock Option (right to buy)	Â (1)	04/19/2012	Common Stock	2,317	\$ 44.91	D	Â
Employee Stock Option (right to buy)	Â (1)	11/12/2013	common stock	3,045	\$ 32.83	D	Â
Employee Stock Option (right to buy)	Â (2)	04/22/2015	Common Stock	5,900	\$ 30.74	D	Â

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
FRISBY JEFFRY D 1550 LIBERTY RIDGE DRIVE SUITE 100 WAYNE, PA 19087	Â	Â	Â President & COO	Â

## Signatures

Jeffry Frisby                      07/28/2009

\_\_Signature of                      Date  
Reporting Person

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options vest in four equal annual installments beginning on the first anniversary of grant date.
- (2) The options vest in three equal annual installments beginning on the first anniversary of the grant date.
- (3) Represents vesting of an award granted on June 22, 2007 under the Triumph Group, Inc. 2004 Stock Incentive Plan. The performance component of the award provided for vesting upon attainment of a specified earning per share target for fiscal year 2008, which vesting occurred on April 25, 2008. The shares received are subject to forfeiture restrictions in designated circumstances.
- (4) Represents vesting of an award granted on April 24, 2008 under the Triumph Group, Inc. 2004 Stock Incentive Plan. The performance component of the award provided for vesting upon attainment of a specified earning per share target for fiscal year 2009, which vesting occurred on April 24, 2009. The shares received are subject to forfeiture restrictions in designated circumstances.
- (5) Represents vesting of an award granted on April 20, 2006 under the Triumph Group, Inc. 2004 Stock Incentive Plan. The performance component of the award provided for vesting upon attainment of a specified earning per share target for fiscal year 2007, which vesting occurred on May 3, 2007. The shares received are subject to forfeiture restrictions in designated circumstances.

## Edgar Filing: TRIUMPH GROUP INC / - Form 3

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure.  
Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.