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TRUSTCO BANK CORP N Y  
Form 13F-HR  
November 03, 2008

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549  
FORM 13F  
FORM 13F COVER PAGE

Report for the Calendar Year or Quarter Ended: 09/30/2008

Check here if Amendment [ ] Amendment Number:

This Amendment [ ] is a restatement

Institutional Investment Manager Filing this Report:

Name: TRUSTCO BANK  
Address: 3 SARNOWSKI DRIVE  
GLENVILLE, NY 12302

13F File Number: 28-10307

The institutional investment Manager filing this report and the person by whom it is signed hereby represent that the person signing the report is authorized to submit it, that all information contained herein is true, correct and complete, and that it is understood that all required items, statements, schedules, lists, and tables, are considered integral parts of this form.

Person Signing this Report on Behalf of Reporting Manager:

Name: Richard W. Provost  
Title: Trust Officer  
Phone: 518.381.3699  
Signature, Place, and Date of Signing:

/s/ Richard W. Prouost                  Glenville, NY                  10/7/2008  
-----  
[Signature]                                  [City,State]                  [Date]

Report Type (Check only one)  
[X]                          13F HOLDINGS REPORT  
[ ]                          13F COMBINATION REPORT

COLUMN TOTALS    1053  
  
AGGREGATE TOTAL    172731  
FORM 13F SUMMARY PAGE

Report Summary:  
  
Number of Other Included Managers:    0  
  
Form 13F Information Table Entry Total:    153  
  
Form 13F Information Table Value Total:    \$ 172,731  
    (thousands)

List of Other Included Managers:

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Provide a numbered list of the name(s) and Form 13F file number(s) of all institutional investment Managers with respect to which this report is filed, other than the Manager filing this report.

NONE

### FORM 13F INFORMATION TABLE

NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (x\$1000)	SHARES/ PRN AMT	SH/ PRN	PUT/ CALL	INVSTMT DSCRETN	OTHE MANAG
AT&T INC	COMMON STOCK	00206R102	1407	50401	SH		DEFINED	
		00206R102	588	21057	SH		DEF/OTH	
ABBOTT LABORATORIES	COMMON STOCK	2824100	2668	46344	SH		DEFINED	
		2824100	468	8126	SH		DEF/OTH	
AIR PRODUCTS & CHEMICALS INC	COMMON STOCK	9158106	445	6500	SH		DEFINED	
ALCOA INC	COMMON STOCK	13817101	415	18400	SH		DEFINED	
		13817101	18	800	SH		DEF/OTH	
ALLSTATE CORP	COMMON STOCK	20002101	1159	25126	SH		DEFINED	
		20002101	120	2608	SH		DEF/OTH	
ALTRIA GROUP INC	COMMON STOCK	02209S103	17	870	SH		DEFINED	
		02209S103	859	43300	SH		DEF/OTH	
AMERICAN EXPRESS CO	COMMON STOCK	25816109	938	26482	SH		DEFINED	
		25816109	302	8534	SH		DEF/OTH	
ANHEUSER BUSCH COS INC	COMMON STOCK	35229103	786	12117	SH		DEFINED	
		35229103	208	3200	SH		DEF/OTH	
APPLIED MATERIALS INC	COMMON STOCK	38222105	318	21000	SH		DEFINED	
		38222105	3	200	SH		DEF/OTH	
AUTOMATIC DATA PROCESSING INC	COMMON STOCK	53015103	860	20125	SH		DEFINED	
		53015103	56	1300	SH		DEF/OTH	
BP PLC	FOREIGN STOCK	55622104	1690	33688	SH		DEFINED	
		55622104	346	6904	SH		DEF/OTH	
BAKER HUGHES INC	COMMON STOCK	57224107	183	3025	SH		DEFINED	
		57224107	24	400	SH		DEF/OTH	
BANK OF AMERICA CORP	COMMON STOCK	60505104	167	4768	SH		DEFINED	
		60505104	515	14715	SH		DEF/OTH	
THE BANK OF NEW YORK COMPANY INC	COMMON STOCK	64058100	379	11623	SH		DEFINED	
BRISTOL-MYERS SQUIBB CO	COMMON STOCK	110122108	111	5300	SH		DEFINED	
		110122108	246	11800	SH		DEF/OTH	
CGM	MUTUAL FUND/STOCK	125325407	295	10394	SH		DEFINED	
CATERPILLAR FINANCIAL SERVICES	CORPORATE BONDS	14912L4C2	400	400000	PRN		DEF/OTH	
CHEVRON CORP NEW	COMMON STOCK	166764100	3363	40776	SH		DEFINED	
		166764100	1142	13847	SH		DEF/OTH	
CISCO SYSTEMS INC	COMMON STOCK	17275R102	1399	62019	SH		DEFINED	
		17275R102	64	2850	SH		DEF/OTH	
CITIGROUP INC	COMMON STOCK	172967101	940	45811	SH		DEFINED	
		172967101	97	4742	SH		DEF/OTH	
CITIGROUP CAPITAL XVI	PREFERRED STOCK	17310L201	149	10000	SH		DEF/OTH	
COCA COLA CO	COMMON STOCK	191216100	2864	54166	SH		DEFINED	
		191216100	661	12500	SH		DEF/OTH	
COLGATE PALMOLIVE CO	COMMON STOCK	194162103	2165	28728	SH		DEFINED	
		194162103	316	4200	SH		DEF/OTH	
CURTISS WRIGHT CORP	COMMON STOCK	231561101	2925	64352	SH		DEFINED	
DISNEY WALT CO	COMMON STOCK	254687106	1455	47395	SH		DEFINED	
		254687106	223	7250	SH		DEF/OTH	

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DOMINION RESOURCES INC VA NEW	COMMON STOCK	25746U109	29	686	SH	DEFINED
		25746U109	275	6418	SH	DEF/OTH
DOW CHEMICAL CO	COMMON STOCK	260543103	320	10075	SH	DEFINED
		260543103	93	2925	SH	DEF/OTH
DU PONT E I DE NEMOURS & CO	COMMON STOCK	263534109	792	19643	SH	DEFINED
		263534109	135	3360	SH	DEF/OTH
ECOLAB INC	COMMON STOCK	278865100	488	10067	SH	DEFINED
		278865100	19	400	SH	DEF/OTH
EMERSON ELECTRIC CO	COMMON STOCK	291011104	337	8250	SH	DEFINED
		291011104	114	2800	SH	DEF/OTH
EXELON CORP	COMMON STOCK	30161N101	849	13550	SH	DEFINED
		30161N101	131	2090	SH	DEF/OTH
EXXON MOBIL CORP	COMMON STOCK	30231G102	9203	118505	SH	DEFINED
		30231G102	2612	33632	SH	DEF/OTH
FPL GROUP INC	COMMON STOCK	302571104	604	12004	SH	DEFINED
FIDELITY NEW YORK MUNICIPAL	MUTUAL	316337203	249	20855	SH	DEFINED
		316337203	196	16465	SH	DEF/OTH
FORTUNE BRANDS INC	COMMON STOCK	349631101	184	3200	SH	DEFINED
		349631101	189	3300	SH	DEF/OTH
GENERAL ELECTRIC CO	COMMON STOCK	369604103	17589	689746	SH	DEFINED
		369604103	6940	272149	SH	DEF/OTH
GENERAL MILLS INC	COMMON STOCK	370334104	497	7233	SH	DEFINED
		370334104	295	4300	SH	DEF/OTH
GLAXOSMITHKLINE PLC	FOREIGN STOCK	37733W105	459	10566	SH	DEFINED
		37733W105	187	4314	SH	DEF/OTH
HEWLETT PACKARD CO	COMMON STOCK	428236103	580	12547	SH	DEFINED
		428236103	5	104	SH	DEF/OTH
HOME DEPOT INC	COMMON STOCK	437076102	419	16199	SH	DEFINED
		437076102	93	3589	SH	DEF/OTH
ITT CORP	COMMON STOCK	450911102	228	4100	SH	DEFINED
INTEL CORP	COMMON STOCK	458140100	1904	101650	SH	DEFINED
		458140100	116	6200	SH	DEF/OTH
INTERNATIONAL BUSINESS	COMMON STOCK	459200101	4488	38372	SH	DEFINED
MACHINES						
		459200101	450	3850	SH	DEF/OTH
JPMORGAN CHASE & CO	COMMON STOCK	46625H100	1592	34084	SH	DEFINED
		46625H100	636	13616	SH	DEF/OTH
JACOBS ENGINEERING GROUP INC	COMMON STOCK	469814107	246	4525	SH	DEFINED
		469814107	11	200	SH	DEF/OTH
JOHNSON & JOHNSON	COMMON STOCK	478160104	6485	93600	SH	DEFINED
		478160104	653	9425	SH	DEF/OTH
JOHNSON CONTROLS	COMMON STOCK	478366107	422	13900	SH	DEFINED
INC		478366107	123	4050	SH	DEF/OTH
KEYCORP	COMMON STOCK	493267108	804	67316	SH	DEFINED
KRAFT FOODS INC	COMMON STOCK	50075N104	20	602	SH	DEFINED
		50075N104	981	29964	SH	DEF/OTH
ELI LILLY & CO	COMMON STOCK	532457108	590	13400	SH	DEFINED
		532457108	26	600	SH	DEF/OTH
LINCOLN NATIONAL CORP IN	COMMON STOCK	534187109	110	2564	SH	DEFINED
		534187109	116	2700	SH	DEF/OTH
LOCKHEED MARTIN CORP	COMMON STOCK	539830109	5	50	SH	DEFINED
		539830109	219	2000	SH	DEF/OTH
LOWES COMPANIES INC	COMMON STOCK	548661107	389	16417	SH	DEFINED
		548661107	47	2000	SH	DEF/OTH
MCGRAW HILL COS INC	COMMON STOCK	580645109	213	6734	SH	DEFINED
		580645109	32	1000	SH	DEF/OTH
MEDTRONIC INC	COMMON STOCK	585055106	2480	49510	SH	DEFINED
		585055106	45	900	SH	DEF/OTH
MICROSOFT CORP	COMMON STOCK	594918104	4498	168524	SH	DEFINED
		594918104	454	17021	SH	DEF/OTH
MOTOROLA INC	COMMON STOCK	620076109	133	18645	SH	DEFINED
		620076109	4	600	SH	DEF/OTH

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NBT BANCORP INC	COMMON STOCK	628778102	723	24158	SH	DEFINED
NIKE INC	COMMON STOCK	654106103	338	5050	SH	DEFINED
		654106103	13	200	SH	DEF/OTH
PEPSICO INC	COMMON STOCK	713448108	4078	57214	SH	DEFINED
		713448108	449	6300	SH	DEF/OTH
PFIZER INC	COMMON STOCK	717081103	478	25947	SH	DEFINED
		717081103	189	10226	SH	DEF/OTH
PHILIP MORRIS INTERNATIONAL INC	COMMON STOCK	718172109	42	870	SH	DEFINED
		718172109	2083	43300	SH	DEF/OTH
PRIVATE EXPORT FUNDING CORP PROCTER & GAMBLE CO	CORPORATE BONDS	742651DC3	259	250000	PRN	DEFINED
	COMMON STOCK	742718109	6207	89072	SH	DEFINED
		742718109	920	13200	SH	DEF/OTH
ROCHESTER FUND MUNICIPALS INC LIMITED	MUTUAL	771362100	387	26214	SH	DEFINED
	MUTUAL	771740107	72	23353	SH	DEFINED
SLM CORP	CORPORATE BONDS	78490FKQ1	180	400000	PRN	DEF/OTH
SCHERING PLOUGH CORP	COMMON STOCK	806605101	238	12900	SH	DEFINED
SCHLUMBERGER LTD	COMMON STOCK	806857108	570	7300	SH	DEFINED
		806857108	31	400	SH	DEF/OTH
SOUTHERN CO	COMMON STOCK	842587107	2997	79508	SH	DEFINED
		842587107	219	5800	SH	DEF/OTH
TARGET CORP	COMMON STOCK	8.76E+110	805	16417	SH	DEFINED
		8.76E+110	98	2000	SH	DEF/OTH
TEXAS INSTRUMENTS INC	COMMON STOCK	882508104	360	16730	SH	DEFINED
		882508104	11	500	SH	DEF/OTH
3M CO	COMMON STOCK	88579Y101	1120	16399	SH	DEFINED
		88579Y101	323	4730	SH	DEF/OTH
TRUSTCO BANK CORP NY	COMMON STOCK	898349105	10893	930205	SH	DEFINED
		898349105	7533	643305	SH	DEF/OTH
UNITED PARCEL SERVICE	COMMON STOCK	911312106	457	7259	SH	DEFINED
		911312106	9	150	SH	DEF/OTH
UNITED TECHNOLOGIES CORP	COMMON STOCK	913017109	3316	55209	SH	DEFINED
		913017109	210	3500	SH	DEF/OTH
UNITRIN INC	COMMON STOCK	913275103	5626	225568	SH	DEFINED
VANGUARD CALIFORNIA TAX FREE FUNDS	MUTUAL	922021308	327	31552	SH	DEFINED
VANGUARD NEW YORK TAX FREE FUNDS	MUTUAL	92204H103	157	15285	SH	DEFINED
		92204H301	3432	333538	SH	DEFINED
		92204H301	330	32117	SH	DEF/OTH
VERIZON COMMUNICATIONS INC	COMMON STOCK	92343V104	1723	53703	SH	DEFINED
		92343V104	318	9898	SH	DEF/OTH
WAL-MART STORES INC	COMMON STOCK	931142103	1960	32724	SH	DEFINED
		931142103	192	3200	SH	DEF/OTH
WELLS FARGO & CO NEW	COMMON STOCK	949746101	1999	53272	SH	DEFINED
		949746101	199	5300	SH	DEF/OTH
WYETH	COMMON STOCK	983024100	329	8900	SH	DEFINED
		983024100	104	2815	SH	DEF/OTH
98.9% LIMITED PARTNERSHIP	PARTNERSHIPS	9X00004A3	3217	1	SH	DEFINED
NOBLE CORP	COMMON STOCK	G65422100	1040	23700	SH	DEFINED
		G65422100	13	300	SH	DEF/OTH