

TRUSTCO BANK CORP N Y  
Form 8-K  
September 29, 2008

---

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT  
TO SECTION 13 OR 15(D) OF THE  
SECURITIES EXCHANGE ACT OF 1934

Date of Report (date of earliest event reported): September 29, 2008

TrustCo Bank Corp NY  
(Exact name of registrant as specified in its charter)

NEW YORK  
State or Other Jurisdiction of  
Incorporation or Organization

0-10592  
Commission File No.

14-1630287  
I.R.S. Employer Identification  
Number

5 SARNOWSKI DRIVE, GLENVILLE, NEW YORK 12302  
(Address of principal executive offices)

(518) 377-3311  
(Registrant's Telephone Number,  
Including Area Code)

NOT APPLICABLE  
(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
- 
-

TrustCo Bank Corp NY

Item 8.01.

Other Events

A press release was issued on September 29, 2008 announcing the agreement between Trustco Insurance Agency, Inc. and The Optimus Group, LLC to offer insurance products. Attached is a copy of the press release labeled as Exhibit 99(a).

Item 9.01.

Financial Statements and Exhibits

(c)

Exhibits

Reg S-K Exhibit No. Description

|       |  |
|-------|--|
| 99(a) | Press release dated September 29, 2008 announcing the agreement between Trustco Insurance Agency, Inc. and The Optimus Group, LLC to offer insurance products. |
|-------|--|

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Dated: September 29, 2008

TrustCo Bank Corp NY  
(Registrant)

By: /s/ Robert T. Cushing  
Robert T. Cushing  
Executive Vice President and Chief Financial  
Officer

Exhibits Index

The following exhibits are filed herewith:

| Reg S-K Exhibit<br>No. | Description  | Page  |
|------------------------|--|-------|
| <u>99(a)</u>           | Press release dated September 29, 2008 announcing the agreement between Trustco Insurance Agency, Inc. and The Optimus Group, LLC to offer insurance products. | 5 - 6 |

- 4 -

---