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List of Other Managers Reporting for this Manager:  
 [If there are no entries in this list, omit this section.]

13F File Number Name

28- \_\_\_\_\_  
 [Repeat as necessary.]

Form 13F SUMMARY PAGE

Report Summary:  
 Number of Other Included Managers: 0  
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 Form 13F Information Table Entry Total: 195  
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 Form 13F Information Table Value Total: \$126,325  
 -----  
 (thousands)

List of Other Included Managers:

Provide a numbered list of the name(s) and 13F file number(s) of all institutional investment managers with respect to which this report is filed, other than the manager filing this report.

[If there are no entries in this list, state "NONE" and omit the column headings and list entries.]

NONE

FORM 13F INFORMATION TABLE

NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (x\$1000)	SHARES/ PRN AMT	SH/ PRN	PUT/ CALL	INVSTMT DSCRETN	OTHE MANAG
INGERSOLL-RAND COMPANY LTD	CL A	G4776G101	403	7400	SH		SHR	
TRANSOCEAN INC	ORD	G90078109	13	111	SH		SOLE	
TRANSOCEAN INC	ORD	G90078109	215	1900	SH		SHR	
AT&T INC	COM	00206R102	1934	45711	SH		SOLE	
AT&T INC	COM	00206R102	953	22518	SH		SHR	
ABBOTT LABS	COM	002824100	654	12200	SH		SOLE	
ABBOTT LABS	COM	002824100	387	7210	SH		SHR	
AIR PRODS & CHEMS INC	COM	009158106	39	400	SH		SOLE	
AIR PRODS & CHEMS INC	COM	009158106	215	2200	SH		SHR	
ALLIED CAP CORP NEW	COM	01903Q108	234	7975	SH		SHR	
ALLTEL CORP	COM	020039103	227	3262	SH		SOLE	
ALLTEL CORP	COM	020039103	207	2974	SH		SHR	
ALTRIA GROUP INC	COM	02209S103	1408	20251	SH		SOLE	
ALTRIA GROUP INC	COM	02209S103	87	1250	SH		SHR	
AMERICAN EXPRESS CO	COM	025816109	373	6291	SH		SOLE	
AMERICAN EXPRESS CO	COM	025816109	42	700	SH		SHR	
AMERICAN INTL GROUP INC	COM	026874107	705	10416	SH		SOLE	
AMERICAN INTL GROUP INC	COM	026874107	171	2533	SH		SHR	
AMGEN INC	COM	031162100	34	600	SH		SOLE	

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AMGEN INC	COM	031162100	180	3175	SH	SHR
ANADARKO PETE CORP	COM	032511107	112	2092	SH	SOLE
ANADARKO PETE CORP	COM	032511107	145	2700	SH	SHR
APACHE CORP	COM	037411105	216	2400	SH	SHR
AUTOMATIC DATA PROCESSING	IN COM	053015103	60	1300	SH	SOLE
AUTOMATIC DATA PROCESSING	IN COM	053015103	294	6400	SH	SHR
BP PLC	SPON ADR	055622104	1147	16533	SH	SOLE
BP PLC	SPON ADR	055622104	276	3981	SH	SHR
BANCO BILBAO VIZCAYA ARGEN	SPON ADR	05946K101	322	13823	SH	SOLE
BANK OF AMERICA CORPORATION	COM	060505104	971	19319	SH	SOLE
BANK OF AMERICA CORPORATION	COM	060505104	903	17972	SH	SHR
BANK OF NEW YORK MELLON CORP	COM	064058100	492	11139	SH	SOLE
BANK OF NEW YORK MELLON CORP	COM	064058100	119	2686	SH	SHR
BAXTER INTL INC	COM	071813109	207	3675	SH	SOLE
BAXTER INTL INC	COM	071813109	37	650	SH	SHR
BERKSHIRE HATHAWAY INC DEL	CL A	084670108	237	2	SH	SOLE
BOEING CO	COM	097023105	392	3738	SH	SOLE
BOEING CO	COM	097023105	42	400	SH	SHR
BRISTOL MYERS SQUIBB CO	COM	110122108	427	14799	SH	SOLE
BRISTOL MYERS SQUIBB CO	COM	110122108	84	2920	SH	SHR
BURKE&HERBERT B&T ALEXANDRIA	COM	121331102	11225	8668	SH	SOLE
BURKE&HERBERT B&T ALEXANDRIA	COM	121331102	1308	1010	SH	SHR
BURLINGTON NORTHN SANTA FE	COM	12189T104	10	125	SH	SOLE
BURLINGTON NORTHN SANTA FE	COM	12189T104	255	3138	SH	SHR
CIGNA CORP	COM	125509109	809	15180	SH	SOLE
CVS CAREMARK CORPORATION	COM	126650100	36	900	SH	SOLE
CVS CAREMARK CORPORATION	COM	126650100	440	11100	SH	SHR
CAPITALSOURCE INC	COM	14055X102	200	9900	SH	SHR
CHEVRON CORP NEW	COM	166764100	1764	18848	SH	SOLE
CHEVRON CORP NEW	COM	166764100	1780	19026	SH	SHR
CISCO SYS INC	COM	17275R102	677	20425	SH	SOLE
CISCO SYS INC	COM	17275R102	289	8713	SH	SHR
CITIGROUP INC	COM	172967101	1162	24900	SH	SOLE
CITIGROUP INC	COM	172967101	3470	74358	SH	SHR
COCA COLA CO	COM	191216100	1123	19544	SH	SOLE
COCA COLA CO	COM	191216100	305	5300	SH	SHR
COLGATE PALMOLIVE CO	COM	194162103	291	4080	SH	SOLE
COLGATE PALMOLIVE CO	COM	194162103	132	1850	SH	SHR
CONOCOPHILLIPS	COM	20825C104	79	904	SH	SOLE
CONOCOPHILLIPS	COM	20825C104	226	2580	SH	SHR
DELL INC	COM	24702R101	244	8850	SH	SOLE
DELL INC	COM	24702R101	66	2400	SH	SHR
DISNEY WALT CO	COM	254687106	283	8242	SH	SOLE
DISNEY WALT CO	COM	254687106	368	10700	SH	SHR
DOMINION RES INC VA NEW	COM	25746U109	676	8020	SH	SOLE
DOMINION RES INC VA NEW	COM	25746U109	171	2025	SH	SHR
DU PONT E I DE NEMOURS & CO	COM	263534109	953	19238	SH	SOLE
DU PONT E I DE NEMOURS & CO	COM	263534109	374	7543	SH	SHR
DUN & BRADSTREET CORP DELNE	COM	26483E100	592	6000	SH	SHR
E M C CORP MASS	COM	268648102	255	12260	SH	SHR
EMERSON ELEC CO	COM	291011104	222	4164	SH	SOLE
EMERSON ELEC CO	COM	291011104	9	160	SH	SHR
EXELON CORP	COM	30161N101	232	3082	SH	SOLE
EXELON CORP	COM	30161N101	181	2400	SH	SHR
EXXON MOBIL CORP	COM	30231G102	7066	76343	SH	SOLE
EXXON MOBIL CORP	COM	30231G102	4584	49520	SH	SHR
FPL GROUP INC	COM	302571104	410	6732	SH	SOLE
FPL GROUP INC	COM	302571104	112	1840	SH	SHR
FEDERAL HOME LN MTG CORP	COM	313400301	471	7975	SH	SOLE
FEDERAL NATL MTG ASSN	COM	313586109	637	10470	SH	SOLE
FEDERAL NATL MTG ASSN	COM	313586109	51	833	SH	SHR
FEDERAL REALTY INVT TR	SH BEN INT NEW	313747206	811	9150	SH	SOLE

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FLUOR CORP NEW	COM	343412102	446	3100	SH	SHR
FORTUNE BRANDS INC	COM	349631101	616	7565	SH	SHR
FREEMPORT-MCMORAN COPPER & GO	COM	35671D857	1198	11421	SH	SHR
GANNETT INC	COM	364730101	168	3842	SH	SOLE
GANNETT INC	COM	364730101	34	775	SH	SHR
GENERAL ELECTRIC CO	COM	369604103	6366	153776	SH	SOLE
GENERAL ELECTRIC CO	COM	369604103	3235	78141	SH	SHR
GLAXOSMITHKLINE PLC	SPON ADR	37733W105	206	3871	SH	SOLE
GLAXOSMITHKLINE PLC	SPON ADR	37733W105	60	1127	SH	SHR
HARRIS CORP DEL	COM	413875105	127	2200	SH	SOLE
HARRIS CORP DEL	COM	413875105	116	2000	SH	SHR
HARTFORD FINL SVCS GROUP INC	COM	416515104	201	2174	SH	SOLE
HEWLETT PACKARD CO	COM	428236103	1218	24462	SH	SOLE
HEWLETT PACKARD CO	COM	428236103	894	17950	SH	SHR
HOME DEPOT INC	COM	437076102	214	6600	SH	SOLE
HOME DEPOT INC	COM	437076102	133	4089	SH	SHR
HONEYWELL INTL INC	COM	438516106	352	5912	SH	SOLE
HONEYWELL INTL INC	COM	438516106	357	6000	SH	SHR
ITT CORP NEW	COM	450911102	222	3274	SH	SOLE
INTEL CORP	COM	458140100	764	29528	SH	SOLE
INTEL CORP	COM	458140100	188	7268	SH	SHR
INTERNATIONAL BUSINESS MACHS	COM	459200101	885	7512	SH	SOLE
INTERNATIONAL BUSINESS MACHS	COM	459200101	377	3204	SH	SHR
ISHARES TR	LEHMAN AGG BND	464287226	237	2365	SH	SOLE
ISHARES TR	DJ US TOTL MKT	464287846	288	3870	SH	SOLE
JP MORGAN CHASE & CO	COM	46625H100	205	4483	SH	SOLE
JP MORGAN CHASE & CO	COM	46625H100	511	11154	SH	SHR
JOHNSON & JOHNSON	COM	478160104	3544	53949	SH	SOLE
JOHNSON & JOHNSON	COM	478160104	407	6200	SH	SHR
KIMBERLY CLARK CORP	COM	494368103	377	5359	SH	SOLE
KIMBERLY CLARK CORP	COM	494368103	148	2100	SH	SHR
KRAFT FOODS INC	CL A	50075N104	488	14137	SH	SOLE
KRAFT FOODS INC	CL A	50075N104	18	516	SH	SHR
LINCOLN NATL CORP IND	COM	534187109	390	5909	SH	SHR
LOWES COS INC	COM	548661107	76	2700	SH	SOLE
LOWES COS INC	COM	548661107	371	13250	SH	SHR
MANULIFE FINL CORP	COM	56501R106	475	11520	SH	SOLE
MANULIFE FINL CORP	COM	56501R106	892	21608	SH	SHR
MARATHON OIL CORP	COM	565849106	342	6000	SH	SHR
MCDONALDS CORP	COM	580135101	274	5038	SH	SOLE
MCDONALDS CORP	COM	580135101	54	1000	SH	SHR
MEDCO HEALTH SOLUTIONS INC	COM	58405U102	251	2772	SH	SOLE
MEDCO HEALTH SOLUTIONS INC	COM	58405U102	35	392	SH	SHR
MEDTRONIC INC	COM	585055106	563	9980	SH	SOLE
MEDTRONIC INC	COM	585055106	128	2275	SH	SHR
MERCK & CO INC	COM	589331107	906	17519	SH	SOLE
MERCK & CO INC	COM	589331107	280	5425	SH	SHR
MERRILL LYNCH & CO INC	COM	590188108	341	4781	SH	SHR
MICROSOFT CORP	COM	594918104	431	14644	SH	SOLE
MICROSOFT CORP	COM	594918104	826	28025	SH	SHR
MORGAN STANLEY	COM NEW	617446448	194	3080	SH	SOLE
MORGAN STANLEY	COM NEW	617446448	63	1006	SH	SHR
MOTOROLA INC	COM	620076109	221	11918	SH	SOLE
MOTOROLA INC	COM	620076109	4	200	SH	SHR
NORFOLK SOUTHERN CORP	COM	655844108	961	18519	SH	SOLE
NORFOLK SOUTHERN CORP	COM	655844108	78	1500	SH	SHR
NORTHROP GRUMMAN CORP	COM	666807102	227	2906	SH	SOLE
NORTHROP GRUMMAN CORP	COM	666807102	31	400	SH	SHR
OMNICOM GROUP INC	COM	681919106	227	4720	SH	SOLE
ORACLE CORP	COM	68389X105	13	600	SH	SOLE
ORACLE CORP	COM	68389X105	251	11600	SH	SHR
PPG INDS INC	COM	693506107	238	3150	SH	SOLE

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PEPSICO INC	COM	713448108	963	13147	SH	SOLE
PEPSICO INC	COM	713448108	947	12920	SH	SHR
PFIZER INC	COM	717081103	1196	48957	SH	SOLE
PFIZER INC	COM	717081103	1470	60165	SH	SHR
PITNEY BOWES INC	COM	724479100	260	5715	SH	SOLE
PITNEY BOWES INC	COM	724479100	20	433	SH	SHR
PROCTER & GAMBLE CO	COM	742718109	839	11928	SH	SOLE
PROCTER & GAMBLE CO	COM	742718109	100	1415	SH	SHR
PROTECTIVE LIFE CORP	COM	743674103	9867	232488	SH	SOLE
REGIONS FINANCIAL CORP NEW	COM	7591EP100	2391	81091	SH	SOLE
REGIONS FINANCIAL CORP NEW	COM	7591EP100	80	2710	SH	SHR
ROCKWELL AUTOMATION INC	COM	773903109	271	3900	SH	SOLE
ROCKWELL AUTOMATION INC	COM	773903109	63	900	SH	SHR
ROCKWELL COLLINS INC	COM	774341101	305	4180	SH	SOLE
ROCKWELL COLLINS INC	COM	774341101	95	1300	SH	SHR
ROYAL DUTCH SHELL PLC	SPONS ADR A	780259206	392	4770	SH	SOLE
SARA LEE CORP	COM	803111103	217	12985	SH	SOLE
SARA LEE CORP	COM	803111103	82	4900	SH	SHR
SCHERING PLOUGH CORP	COM	806605101	180	5700	SH	SOLE
SCHERING PLOUGH CORP	COM	806605101	540	17070	SH	SHR
SCHLUMBERGER LTD	COM	806857108	359	3418	SH	SOLE
SCHLUMBERGER LTD	COM	806857108	714	6800	SH	SHR
SPACE PROPULSION SYS INC	COM	846192102	1	16250	SH	SOLE
SUNTRUST BKS INC	COM	867914103	421	5565	SH	SOLE
TXU CORP	COM	873168108	219	3200	SH	SOLE
TARGET CORP	COM	87612E106	154	2426	SH	SOLE
TARGET CORP	COM	87612E106	299	4697	SH	SHR
TEXAS INSTRS INC	COM	882508104	228	6242	SH	SOLE
TEXAS INSTRS INC	COM	882508104	279	7626	SH	SHR
3M CO	COM	88579Y101	1051	11233	SH	SOLE
3M CO	COM	88579Y101	157	1683	SH	SHR
TRAVELERS COMPANIES INC	COM	89417E109	66	1315	SH	SOLE
TRAVELERS COMPANIES INC	COM	89417E109	208	4136	SH	SHR
UNITED TECHNOLOGIES CORP	COM	913017109	276	3430	SH	SOLE
UNITED TECHNOLOGIES CORP	COM	913017109	698	8675	SH	SHR
UNITEDHEALTH GROUP INC	COM	91324P102	276	5700	SH	SOLE
UNITEDHEALTH GROUP INC	COM	91324P102	140	2900	SH	SHR
VERIZON COMMUNICATIONS	COM	92343V104	1017	22968	SH	SOLE
VERIZON COMMUNICATIONS	COM	92343V104	831	18765	SH	SHR
VERSAR INC	COM	925297103	494	65400	SH	SOLE
VODAFONE GROUP PLC NEW	SPONS ADR NEW	92857W209	133	3670	SH	SOLE
VODAFONE GROUP PLC NEW	SPONS ADR NEW	92857W209	71	1946	SH	SHR
WACHOVIA CORP NEW	COM	929903102	929	18531	SH	SOLE
WACHOVIA CORP NEW	COM	929903102	32	643	SH	SHR
WAL MART STORES INC	COM	931142103	803	18396	SH	SOLE
WAL MART STORES INC	COM	931142103	250	5732	SH	SHR
WELLPOINT INC	COM	94973V107	4	50	SH	SOLE
WELLPOINT INC	COM	94973V107	588	7450	SH	SHR
WELLS FARGO & CO NEW	COM	949746101	697	19560	SH	SOLE
WELLS FARGO & CO NEW	COM	949746101	98	2752	SH	SHR
WYETH	COM	983024100	1127	25303	SH	SOLE
WYETH	COM	983024100	371	8317	SH	SHR