

Cox John
Form 3
August 10, 2010

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *		2. Date of Event Requiring Statement	3. Issuer Name and Ticker or Trading Symbol	
Cox John		(Month/Day/Year)	BIOGEN IDEC INC. [BIIB]	
(Last)	(First)	08/02/2010		
C/O BIOGEN IDEC INC., 133 BOSTON POST ROAD			4. Relationship of Reporting Person(s) to Issuer	5. If Amendment, Date Original Filed(Month/Day/Year)
(Street)			(Check all applicable)	
WESTON, MA 02493			<input type="checkbox"/> Director	<input type="checkbox"/> 10% Owner
(City)	(State)	(Zip)	<input checked="" type="checkbox"/> Officer	<input type="checkbox"/> Other
			(give title below)	(specify below)
			EVP Pharmaceutical Oper & Tech	6. Individual or Joint/Group Filing(Check Applicable Line)
				<input checked="" type="checkbox"/> Form filed by One Reporting Person
				<input type="checkbox"/> Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	18,254.0411	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
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	Date Exercisable	Expiration Date	Amount or Number of Shares	or Indirect (I) (Instr. 5)
Restricted Stock Unit	Â (1)	02/23/2014	Common Stock 10,396	\$ 0 (2) D Â
Stock Option (Right to Buy)	Â (3)	07/28/2013	Common Stock 6,900	\$ 33.97 D Â
Stock Option (Right to Buy)	Â (4)	02/06/2014	Common Stock 2,840	\$ 43.5 D Â
Stock Option (Right to Buy)	Â (5)	02/17/2015	Common Stock 3,900	\$ 67.57 D Â
Stock Option (Right to Buy)	Â (6)	03/13/2016	Common Stock 6,900	\$ 47.92 D Â
Stock Option (Right to Buy)	Â (7)	02/12/2017	Common Stock 7,400	\$ 49.31 D Â
Stock Option (Right to Buy)	Â (8)	11/01/2017	Common Stock 8,700	\$ 72.87 D Â
Stock Option (Right to Buy)	Â (9)	02/12/2018	Common Stock 23,130	\$ 60.56 D Â
Stock Option (Right to Buy)	Â (10)	02/24/2019	Common Stock 15,175	\$ 49.65 D Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Cox John C/O BIOGEN IDEC INC. 133 BOSTON POST ROAD WESTON, MA 02493	Â	Â	Â EVP Pharmaceutical Oper & Tech	Â

Signatures

Robert A. Licht, Attorney in Fact for
John Cox

08/10/2010

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 5(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The number of RSUs reported represents the maximum possible number of shares that are eligible for vesting, which is 150% of the number of shares at target payout. One-fourth of these RSUs are eligible to vest on each of the first four anniversaries of the grant date. The actual number of shares that will vest on each vesting date will be determined by comparing the price of Biogen Idec common stock on such vesting date to the price on the grant date (i.e., number of vested shares = number of shares at target payout times [the average 60 calendar-day closing stock price ending on the vesting date divided by the average 60 calendar-day closing stock price on the grant date]).

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- (2) There is no conversion or exercise price for this stock unit.
- (3) The stock options became exercisable in four (4) equal annual installments commencing one year after the grant date of 7/28/2003.
- (4) The stock options became exercisable in four (4) equal annual installments commencing on 12/31/2004.
- (5) The stock options became exercisable in four (4) equal annual installments commencing one year after the grant date of 2/17/2005.
- (6) The stock options became exercisable in four (4) equal annual installments commencing one year after the grant date of 3/13/2006.
- (7) The stock options vest in four (4) equal annual installments commencing one year after the grant date of 2/12/2007.
- (8) The stock options vest in four (4) equal annual installments commencing one year after the grant date of 11/1/2007.
- (9) The stock options vest in four (4) equal annual installments commencing one year after the grant date of 2/12/2008.
- (10) The stock options vest in four (4) equal annual installments commencing one year after the grant date of 2/24/2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.