CHESNUT KATHIE T

Form 4

August 09, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

OMB APPROVAL

Number:

Expires:

January 31, 2005

0.5

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if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * CHESNUT KATHIE T			2. Issuer Name and Ticker or Trading Symbol WENDYS INTERNATIONAL INC [WEN]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) (First) (Middle) WENDY'S INTERNATIONAL, INC., P. O. BOX 256			3. Date of Earliest Transaction (Month/Day/Year) 08/05/2005	Director 10% Owner X Officer (give title Other (specification) below) EXECUTIVE VICE PRESIDENT		
DUBLIN, OF	(Street)	6	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City	y) (State)	(Zip) Tab	le I - Non-	Derivative	Secui	rities Acquir	ed, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	(Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A) Transaction Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Commo	on 08/05/2005		Code V M	Amount 5,872	(D)	Price \$ 30.8438	(Instr. 3 and 4) 32,154	D	
Commo Stock	on 08/05/2005		M	5,873	A	\$ 30.8438	38,027	D	
Commo Stock	on 08/05/2005		M	14,998	A	\$ 37.865	53,025	D	
Commo	on 08/05/2005		S <u>(1)</u>	26,743	D	\$ 50	26,282	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Securi (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Nun of S
OPTION (RIGHT TO PURCHASE)	\$ 30.8438	08/05/2005		M	5,872	07/28/2002	07/27/2009	Common Stock	5,8
OPTION (RIGHT TO PURCHASE)	\$ 30.8438	08/05/2005		M	5,873	07/28/2003	07/27/2009	Common Stock	5,8
OPTION (RIGHT TO PURCHASE)	\$ 37.865	08/05/2005		M	14,998	04/29/2003	04/28/2012	Common Stock	14,

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

EXECUTIVE VICE PRESIDENT

CHESNUT KATHIE T

WENDY'S INTERNATIONAL, INC.

P. O. BOX 256

DUBLIN, OH 43017-0256

Signatures

KATHIE 7

CHESNUT 08/09/2005

**Signature of Reporting Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reporting Owners 2

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(1) SALE IN CONNECTION WITH EXERCISE OF EMPLOYEE STOCK OPTIONS.

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