

NATIONAL HEALTHCARE CORP  
 Form 4  
 November 04, 2015

**FORM 4**

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287  
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
 LAROCHE RICHARD F JR

2. Issuer Name and Ticker or Trading Symbol  
 NATIONAL HEALTHCARE CORP  
 [NHC]

5. Relationship of Reporting Person(s) to Issuer  
 (Check all applicable)

(Last) (First) (Middle)  
 2103 SHANNON DRIVE  
 (Street)  
 MURFREESBORO, TN 37129  
 (City) (State) (Zip)

3. Date of Earliest Transaction (Month/Day/Year)  
 11/03/2015  
 4. If Amendment, Date Original Filed(Month/Day/Year)

Director  10% Owner  
 Officer (give title below)  Other (specify below)  
 6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D) Code V Amount (D) Price			
Common Stock, Family LP (BFLP)					29,523	I	General Partner
Common Stock - Fam. Partnership (LR Ent.)					31,698	D	
Common Stock - Fam. Partnership (LFLP)					96,000	I	General Partner

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Common  
Stock - Held  
in my name  
or my wife's  
name

172,220 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Security (Instr. 3 and 4)
						Date Exercisable	Expiration Date	
Option to Purchase Common Stock	\$ 45.8					05/09/2011	05/08/2016	Common Stock
Option to Purchase Common Stock	\$ 44.8					05/03/2012	05/02/2017	Common Stock
Option to Purchase Common Stock	\$ 47.45					05/08/2013	05/07/2018	Common Stock
Option to Purchase Common Stock	\$ 52.93					05/08/2014	05/07/2019	Common Stock
Option to Purchase Common Stock	\$ 61.25					05/07/2015	05/06/2020	Common Stock
Shares of Series A Conv.	\$ 0	08/06/2015		W V	2,630 <u>(1)</u>	11/01/2007	11/03/2015	Common Stock

Preferred Stock - (LR Ent.)										
Shares of Series A Conv. Preferred Stock - (LR Ent.)	(3)	11/03/2015	J	378,232 (2)	11/01/2007	11/03/2015	Common Stock	9		
Shares of Series A Conv. Preferred Stock - (BFLP)	(3)	11/03/2015	J	96,534 (2)	11/01/2007	11/03/2015	Common Stock	2		
Shares of Series A Conv. Preferred Stock - (LFLP)	(3)	11/03/2015	J	425 (2)	11/01/2007	11/03/2015	Common Stock			
Shares of Series A Conv. Preferred Stock - Family Foundation	(3)	11/03/2015	J	8,500 (2)	11/01/2007	11/03/2015	Common Stock			

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
LAROCHE RICHARD F JR 2103 SHANNON DRIVE MURFREESBORO, TN 37129	X			

## Signatures

/s/ Richard F.  
LaRoche, Jr. 11/04/2015

\_\_Signature of Reporting Person Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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- (1) This inheritance (Exempt from Section 16(b) by virtue of Rule 16b-5) is voluntarily reported early.
- (2) The reported securities were called for redemption by the issuer at a price equal to \$15.79 per share.
- (3) Convertible anytime at a ratio of 0.24204 common shares per 1.0 preferred share

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.