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US ENERG Form 4	Y CORP										
July 06, 200	6										
FORM			CECIU				NCE	COMMERCIC	NT .	B APPROV	AL
Washington, D.C. 20549						COMMISSIC	N OMB Numbe	r: 3235	5-0287		
Check th if no long subject to Section 1 Form 4 c Form 5	ger o STATEM 16. or	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,								Expires: Januar Estimated average burden hours per response	
obligatio may con <i>See</i> Instr 1(b).	tinue. uction	a) of the l	Public U		ding Cor	npan	y Act	of 1935 or Sect			
(Print or Type]	Responses)										
SVILAR DANIEL P Symbo			Symbol	r Name and			ng	5. Relationship of Reporting Person(s) to Issuer			
				ERGY CO	-	EG]		(Check all applicable)			
1)				Day/Year)	ransaction			Director 10% Owner X Officer (give title Other (specify below) below) SECRETARY/IN-HOUSE COUNSEL			
				endment, Date Original nth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
		$(7;\mathbf{n})$						Person			
(City)		(Zip)					rities A	cquired, Disposed		-	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deem Execution any (Month/Da		n Date, if	Code	4. Securities ionAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature o Indirect Beneficial Ownership (Instr. 4)		
UC				Code V	Amount	(D)	Price	(Instr. 3 and 4)			
U.S. Energy Common Stock	07/03/2006			J <u>(1)</u>	2,500	A	\$ 0	232,760	$\frac{D}{(5)} \xrightarrow{(2)} \xrightarrow{(3)} \xrightarrow{(4)}$		
U.S. Energy Common Stock								817,915	I (6) (7) (8) (9)	By Corporat	tion
U.S. Energy Common Stock								1,000	I <u>(10)</u>	By Custo For Chile	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. TransactionNumber Code of (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Option 1 (Right to Buy)	\$ 2.875					12/04/1998	09/05/2008	U.S. Energy Common Stock	34,782
Employee Option 1a (Right to Buy)	\$ 2					12/04/1998	09/25/2008	U.S. Energy Common Stock	40,218
Employee Option 2 (Right to Buy)	\$ 2.4					01/10/2001	01/09/2011	U.S. Energy Common Stock	121,900
Employee Option 3 (Right to Buy)	\$ 3.9					12/07/2001	12/06/2011	U.S. Energy Common Stock	100,000
Employee Option 4 (Right to Buy)	\$ 2.25					08/08/2002	12/07/2011	U.S. Energy Common Stock	97,000
Employee Option 5 (Right to Buy)	\$ 2.46					07/01/2004	06/30/2014	U.S. Energy Common Stock	125,000
Employee Option 6	\$ 3.86					10/14/2005	10/13/2015	U.S. Energy	100,000

8. D So (I Officer

(Right to Buy)

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner

07/05/2006

Date

SVILAR DANIEL P 877 NORTH 8TH WEST RIVERTON, WY 82501

SECRETARY/IN-HOUSE COUNSEL

Relationships

Common

Stock

Other

Signatures

/s/ SVILAR, DANIEL P.(MIKE)

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares issued to the Reporting Person under the USEG 2001 Stock Compensation Plan. The issuance of these shares is for the funding obligation under the plan for the third quarter of the calendar year ending December 31, 2006. The Issuer has agreed under the terms of the Plan to pay all taxes due. The Reporting Person has agreed not to sell these shares to the market or pledge them on obligations until after his (i) retirement; (ii) total disability or (iii) in the case of the death of the Reporting Person his estate may sell the shares of stock.
- (2) Includes 103,450 shares held directly by the Reporting Person.
- (3) Includes 630 shares held in a street name account for the benefit of the Reporting Person.
- (4) Includes 16,000 shares held in an Individual Retirement Account (IRA) for the benefit of the Reporting Person.

Includes 22,680 shares issued under the USEG Restricted Stock Bonus Plan and 90,000 shares issued under the 1996 Stock Award program which are subject to forfeiture by the Reporting Person. Shares issued under the 1996 Stock Award program vest over a 5-year period at the rate of 20% per year, The forfeitable shares issued under both plans are deemed 'earned out' by the Reporting Person: (i) if he is continuously employed by USEG until he retires; (ii) if he becomes disabled; (iii) upon his death, or (iv) if the shares are claimed

- (5) In the scontinuously employed by 03EO unit in electrones, (ii) in the becomes disabled, (iii) upon inside and, of (iv) if the shares are channed within three years following the occurrence of (i) (ii) (iii). The treasurer of USEG holds the shares in trust for the benefit of the Reporting Person, while non-employee directors of USEG exercise shared voting and dispositive rights over all forfeitable shares. Distributions to the Reporting Person will not be separately reported. The acquisitions of the shares by the Reporting Person from both the Bonus Plan and the Award Program are exempt under Rule 16b
- Includes 125,556 shares held by Plateau Resources Limited (Plateau), a wholly owned subsidiary of USEG. The Reporting Person is an
 Officer and/or Director of both USEG and Plateau and is not a controlling shareholder and does not have or share investment controll over these shares, and therefore does not have a pecuniary interest in the USEG shares held by Plateau, under rule 16a-1(a)(2)(iii).
- Includes 175,000 shares held by Sutter Gold Mining Company (SGMC), a subsidiary of USEG. The Reporting Person is an Officer
 and/or Director of both USEG and SGMC and is not a controlling shareholder and does not have or share investment controll over these shares, and therefore does not have a pecuniary interest in the USEG shares held by SGMC, under rule 16a-1(a)(2)(iii).

Includes 512,359 shares held by Crested Corp. (Crested), a majority-owned subsidiary of USEG. The Reporting Person is an Officer
 (8) and/or Director of both USEG and Crested and is not a controlling shareholder and does not have or share investment controll over these shares, and therefore does not have a pecuniary interest in the USEG shares held by Crested, under rule 16a-1(a)(2)(iii).

- (9) Includes 5,000 shares held by Svilar, Inc. a private corporation of which the Reporting Person is a major shareholder, Officer and Director.
- (10) Includes 1,000 shares indirectly held by the Reporting Person as Custodian for minor children under the Wyoming Uniform Transfers to Minors Act. The Reporting Person disclaims beneficial and pecuniary interest in these shares.
- (11) Includes stock options granted under the Issuer's 1998 Incentive Stock Option Plan and exempt under Rule 16b-3.

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(12) Includes stock options granted under the Issuer's 2001 Incentive Stock Option Plan and exempt under Rule 16b-3.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.