Form 5 April 19, 2006		
FORM 5		OMB APPROVAL
UNITED ST. Check this box if no longer subject	ATES SECURITIES AND EXCHANGE Washington, D.C. 20549	COMMISSION OMB Number: 3235-0362 Expires: January 31, 2005
5 obligations may continue. See Instruction	L STATEMENT OF CHANGES IN BE OWNERSHIP OF SECURITIES	burden hours per response 1.0
	nt to Section 16(a) of the Securities Exchar f the Public Utility Holding Company Act 30(h) of the Investment Company Act of 1	of 1935 or Section
1. Name and Address of Reporting Pers SVILAR DANIEL P	on <u>*</u> 2. Issuer Name <b>and</b> Ticker or Trading Symbol US ENERGY CORP [USEG]	5. Relationship of Reporting Person(s) to Issuer
(Last) (First) (Midd	<ul> <li>3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2005</li> </ul>	(Check all applicable) <u> </u>
877 NORTH 8TH WEST	12/31/2003	below) below) SECRETARY/IN-HOUSE COUNSEL
(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Reporting (check applicable line)

## RIVERTON, WYÂ 82501

US ENERGY CORP

\_X\_ Form Filed by One Reporting Person \_\_\_\_ Form Filed by More than One Reporting Person

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit (A) or Dis (D) (Instr. 3, 4)	sposed	of	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	Ownership Form:	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
U.S. Energy Common Stock	12/31/2005	Â	J4 <u>(1)</u>	12,552	D	\$0	223,952	$\frac{D}{(5)} \xrightarrow{(2)} \xrightarrow{(3)} \xrightarrow{(4)}$	Â	
U.S. Energy Common Stock	Â	Â	Â	Â	Â	Â	817,915	$\frac{I(6)(7)(8)}{(9)}$	By Corporation	
U.S.	Â	Â	Â	Â	Â	Â	1,000	I (10)	Ву	

Energy Common Stock

Custodian For Child

(9-02)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information SEC 2270 contained in this form are not required to respond unless the form displays a currently valid OMB control number.

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Secu Acqu (A)	vative urities uired or oosed O) r. 3,		te	7. Title and A Underlying S (Instr. 3 and	Securities
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Option 1 (Right to Buy)	\$ 2.875	Â	Â	Â	Â	Â	12/04/1998	09/05/2008	U.S. Energy Common Stock	34,782
Employee Option 1a (Right to Buy)	\$ 2	Â	Â	Â	Â	Â	12/04/1998	09/25/2008	U.S. Energy Common Stock	40,218
Employee Option 2 (Right to Buy)	\$ 2.4	Â	Â	Â	Â	Â	01/10/2001	01/09/2011	U.S. Energy Common Stock	121,900
Employee Option 3 (Right to Buy)	\$ 3.9	Â	Â	Â	Â	Â	12/07/2001	12/06/2011	U.S. Energy Common Stock	100,000
Employee Option 4 (Right to Buy)	\$ 2.25	Â	Â	Â	Â	Â	08/08/2002	12/07/2011	U.S. Energy Common Stock	97,000
Employee Option 5 (Right to Buy)	\$ 2.46	Â	Â	Â	Â	Â	07/01/2004	06/30/2014	U.S. Energy Common Stock	125,000

$\begin{array}{c c} Option 6 \\ (Right to \\ Buy) \end{array} \\ \begin{array}{c} \$ 3.86 \\ A \end{array} \\ \begin{array}{c} \hat{A} \\ 10/14/2005 \\ 10/13/2015 \end{array} \\ \begin{array}{c} Energy \\ Common \\ Stock \end{array} \\ \begin{array}{c} 100, 0 \\ Common \\ Stock \end{array} \\ \begin{array}{c} 100, 0 \\ Common \\ Stock \end{array} \\ \end{array}$	Employee Option 6 (Right to Buy)	\$ 3.86	Â	Â	Â	Â	Â	10/14/2005	10/13/2015		100,000
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# **Reporting Owners**

<b>Reporting Owner Name / Address</b>	Relationships						
	Director	10% Owner	Officer	Other			
SVILAR DANIEL P 877 NORTH 8TH WEST RIVERTON, WY 82501	Â	Â	SECRETARY/IN-HOUSE COUNSEL	Â			
Signatures							
/s/ SVILAR, DANIEL P.(MIKE)	04	/19/2006					

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares gifted to persons by the Reporting Person.
- (2) Includes 630 shares held in a street name account for the benefit of the Reporting Person.

Includes 22,680 shares issued under the USEG Restricted Stock Bonus Plan and 90,000 shares issued under the 1996 Stock Award program which are subject to forfeiture by the Reporting Person. Shares issued under the 1996 Stock Award program vest over a 5-year period at the rate of 20% per year, The forfeitable shares issued under both plans are deemed 'earned out' by the Reporting Person: (i) if he is continuously employed by USEG until he retires; (ii) if he becomes disabled; (iii) upon his death, or (iv) if the shares are claimed

- (3) The is continuously employed by 0.5EO unit the refires, (ii) if the becomes disabled, (iii) upon inside and, or (iv) if the shares are channed within three years following the occurrence of (i) (ii) (iii). The treasurer of USEG holds the shares in trust for the benefit of the Reporting Person, while non-employee directors of USEG exercise shared voting and dispositive rights over all forfeitable shares. Distributions to the Reporting Person will not be separately reported. The acquisitions of the shares by the Reporting Person from both the Bonus Plan and the Award Program are exempt under Rule 16b
- (4) Includes 96,950 shares held directly by the Reporting Person.
- (5) Includes 13,692 shares held in an Individual Retirement Account (IRA) for the benefit of the Reporting Person.

Includes 125,556 shares held by Plateau Resources Limited (Plateau), a wholly owned subsidiary of USEG. The Reporting Person is an
 Officer and/or Director of both USEG and Plateau and is not a controlling shareholder and does not have or share investment controll over these shares, and therefore does not have a pecuniary interest in the USEG shares held by Plateau, under rule 16a-1(a)(2)(iii).

Includes 175,000 shares held by Sutter Gold Mining Company (SGMC), a subsidiary of USEG. The Reporting Person is an Officer
 and/or Director of both USEG and SGMC and is not a controlling shareholder and does not have or share investment controll over these shares, and therefore does not have a pecuniary interest in the USEG shares held by SGMC, under rule 16a-1(a)(2)(iii).

Includes 512,359 shares held by Crested Corp. (Crested), a majority-owned subsidiary of USEG. The Reporting Person is an Officer
 (8) and/or Director of both USEG and Crested and is not a controlling shareholder and does not have or share investment controll over these shares, and therefore does not have a pecuniary interest in the USEG shares held by Crested, under rule 16a-1(a)(2)(iii).

- (9) Includes 5,000 shares held by Svilar, Inc. a private corporation of which the Reporting Person is a major shareholder, Officer and Director.
- (10) Includes 1,000 shares indirectly held by the Reporting Person as Custodian for minor children under the Wyoming Uniform Transfers to Minors Act. The Reporting Person disclaims beneficial and pecuniary interest in these shares.
- (11) Includes stock options granted under the Issuer's 1998 Incentive Stock Option Plan and exempt under Rule 16b-3.

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(12) Includes stock options granted under the Issuer's 2001 Incentive Stock Option Plan and exempt under Rule 16b-3.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.