US ENERGY CORP

Form 4 April 10, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

U.S. Energy

Common

Stock

(Print or Type Responses)

(Fillit of Type	Kesponses)											
1. Name and A SVILAR D	_	Symbol US ENI	r Name and	ORP [US	SEG]	ng	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Mo			(Month/E 04/07/2	•	ransaction			Director 10% Owner Secretary/IN-HOUSE COUNSEL				
				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
RIVERTO	N, WY 82501							Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Tabl	le I - Non-l	Derivative	Secur	rities A	cquired, Dispose	d of, or Benefic	cially Owned		
1.Title of Security (Instr. 3)	curity (Month/Day/Year) Execution Date, if		Date, if	3. Transacti Code (Instr. 8)	4. SecurionAcquired Disposed (Instr. 3,	d (A) o))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
U.S. Energy Common Stock	04/07/2006			Code V	Amount 2,500		Price \$ 0	(Instr. 3 and 4) 246,112	D			
U.S. Energy Common Stock	04/10/2006			J	2,300	D (2)	\$ 0	243,812	D (3) (4) (5) (6)			

I (7) (8) (9)

(10)

817,915

By

Corporation

		Edga	ır Filing: US ENI	ERGY C	ORP - F	orm 4			
U.S. Energy Common Stock						1,000	I (11)	By Custo For Child	
Reminder: Re	port on a sepa	rate line for each class	s of securities benefic	Persons informati required	who responded to r	indirectly. cond to the colined in this fond unless the	orm are not form	SEC 1474 (9-02)	
			ive Securities Acqui its, calls, warrants, c				ned		
1. Title of Derivative Security (Instr. 3)	2. 3. Transaction Date 3A. Deemed Conversion or Exercise Price of Derivative Security 3. Transaction Date 3A. Deemed Execution Date, if any (Month/Day/Year)			4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		e	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option 1	\$ 2.875					12/04/1998	09/05/2008	U.S. Energy	34,782

			0 (J	of (D) Instr. 3,				
	Code	v	(1	A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
\$ 2.875					12/04/1998	09/05/2008	U.S. Energy Common Stock	34,782
\$ 2					12/04/1998	09/25/2008	U.S. Energy Common Stock	40,218
\$ 2.4					01/10/2001	01/09/2011	U.S. Energy Common Stock	121,900
\$ 3.9					12/07/2001	12/06/2011	U.S. Energy Common Stock	100,000
\$ 2.25					08/08/2002	12/07/2011	U.S. Energy Common Stock	97,000
\$ 2.46					07/01/2004	06/30/2014		125,000
	\$ 2.4 \$ 3.9 \$ 2.25	\$ 2.875 \$ 2 \$ 2.4 \$ 3.9	\$ 2.875 \$ 2 \$ 2.4 \$ 3.9	\$ 2.875 \$ 2.4 \$ 3.9	\$ 2.875 \$ 2.4 \$ 3.9 \$ 2.25	\$ 2.875 Date Exercisable \$ 2.875 12/04/1998 \$ 2 12/04/1998 \$ 2.4 01/10/2001 \$ 3.9 12/07/2001 \$ 2.25 08/08/2002	\$ 2.875 Date Expiration Date \$ 2.875 12/04/1998 09/05/2008 \$ 2 12/04/1998 09/25/2008 \$ 2.4 01/10/2001 01/09/2011 \$ 3.9 12/07/2001 12/06/2011 \$ 3.9 08/08/2002 12/07/2011	Code V (A) (D) Exercisable Expiration Title

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Employee Option 5 (Right to Buy)		U.S. Energy Common Stock	
Employee Option 6 (Right to Buy)	\$ 3.86	U.S. Energy Common Stock	100,000

Reporting Owners

Relationships Reporting Owner Name / Address

04/10/2006

10% Owner Other Director Officer

SVILAR DANIEL P 877 NORTH 8TH WEST RIVERTON, WY 82501

SECRETARY/IN-HOUSE COUNSEL

Signatures

/s/ SVILAR, DANIEL P.(MIKE)

**Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - Shares issued to the Reporting Person under the USEG 2001 Stock Compensation Plan. The issuance of these shares is for the funding obligation under the plan for the second quarter of the calendar year ending December 31, 2006. The Issuer has agreed under the terms of the Plan to pay all taxes due. The Reporting Person has agreed not to sell these shares to the market or pledge them on obligations
- until after his (i) retirement; (ii) total disability or (iii) in the case of the death of the Reporting Person his estate may sell the shares of
- Shares gifted to persons by the Reporting Person. **(2)**
- **(3)** Includes 101,950 shares held directly by the Reporting Person.
- **(4)** Includes 630 shares held in a street name account for the benefit of the Reporting Person.
- **(5)** Includes 28,552 shares held in an Individual Retirement Account (IRA) for the benefit of the Reporting Person.
 - Includes 22,680 shares issued under the USEG Restricted Stock Bonus Plan and 90,000 shares issued under the 1996 Stock Award program which are subject to forfeiture by the Reporting Person. Shares issued under the 1996 Stock Award program vest over a 5-year period at the rate of 20% per year, The forfeitable shares issued under both plans are deemed 'earned out' by the Reporting Person: (i) if
- he is continuously employed by USEG until he retires; (ii) if he becomes disabled; (iii) upon his death, or (iv) if the shares are claimed **(6)** within three years following the occurrence of (i) (ii) (iii). The treasurer of USEG holds the shares in trust for the benefit of the Reporting Person, while non-employee directors of USEG exercise shared voting and dispositive rights over all forfeitable shares. Distributions to the Reporting Person will not be separately reported. The acquisitions of the shares by the Reporting Person from both the Bonus Plan and the Award Program are exempt under Rule 16b
- Includes 125,556 shares held by Plateau Resources Limited (Plateau), a wholly owned subsidiary of USEG. The Reporting Person is an **(7)** Officer and/or Director of both USEG and Plateau and is not a controlling shareholder and does not have or share investment controll over these shares, and therefore does not have a pecuniary interest in the USEG shares held by Plateau, under rule 16a-1(a)(2)(iii).
- Includes 175,000 shares held by Sutter Gold Mining Company (SGMC), a subsidiary of USEG. The Reporting Person is an Officer and/or Director of both USEG and SGMC and is not a controlling shareholder and does not have or share investment controll over these shares, and therefore does not have a pecuniary interest in the USEG shares held by SGMC, under rule 16a-1(a)(2)(iii).

Reporting Owners 3

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- Includes 512,359 shares held by Crested Corp. (Crested), a majority-owned subsidiary of USEG. The Reporting Person is an Officer and/or Director of both USEG and Crested and is not a controlling shareholder and does not have or share investment controll over these shares, and therefore does not have a pecuniary interest in the USEG shares held by Crested, under rule 16a-1(a)(2)(iii).
- (10) Includes 5,000 shares held by Svilar, Inc. a private corporation of which the Reporting Person is a major shareholder, Officer and Director.
- (11) Includes 1,000 shares indirectly held by the Reporting Person as Custodian for minor children under the Wyoming Uniform Transfers to Minors Act. The Reporting Person disclaims beneficial and pecuniary interest in these shares.
- (12) Includes stock options granted under the Issuer's 1998 Incentive Stock Option Plan and exempt under Rule 16b-3.
- (13) Includes stock options granted under the Issuer's 2001 Incentive Stock Option Plan and exempt under Rule 16b-3.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.