Edgar Filing: FORWARD AIR CORP - Form 4

FORWARI	O AIR CORP										
Form 4											
August 19,	2016										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION									OMB APPROVAL		
	UNITED	STATES		RITIES A			ANGE CO	OMMISSION	OMB Number:	3235-0287	
	Check this box						Expires:	January 31,			
Section 16.				NGES IN BENEFICIAL OWNERSHIP OF SECURITIES					Estimated average burden hours per		
Form 4 Form 5 obligati may con <i>See</i> Inst 1(b).	Filed pur ons ntinue. Section 17(a) of the I	Public U	Itility Hol	lding Co	mpar	-	Act of 1934, 1935 or Section)	response	0.5	
(Print or Type	e Responses)										
			2. Issuer Name and Ticker or Trading Symbol FORWARD AIR CORP [FWRD]					5. Relationship of Reporting Person(s) to Issuer			
							KDJ	(Check	all applicable)	
(]			3. Date of Earliest Transaction (Month/Day/Year) 08/18/2016					Director 10% Owner X_ Officer (give title Other (specify below) below) VP & CAO			
				Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
GREENE	VILLE, TN 37745							_X_ Form filed by Of Form filed by Mo Person			
(City)	(State)	(Zip)	Tab	ole I - Non-l	Derivativ	e Secu	rities Acqu	ired, Disposed of,	or Beneficiall	ly Owned	
1.Title of Security (Instr. 3)	Security (Month/Day/Year) Execution Date, if		(A)) 5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common	08/18/2016			Code V M		or (D)	Price \$ 22.47	(Instr. 3 and 4) 22,942.1005	D		
Stock	00/10/2010			111	5,493	А	φ 22.47	22,942.1003	D		
Common Stock	08/18/2016			S	5,493	D	\$ 45.7537	17,449.1005	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. H Dei Sec (In:
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (Right to Buy)	\$ 22.47	08/18/2016		М	5,493	<u>(1)</u>	02/07/2017	Common Stock	5,493	

Reporting Owners

Reporting Owner Name / Address	Relationships					
I B	Director	10% Owner	Officer	Other		
McLean Michael P 430 AIRPORT ROAD GREENEVILLE, TN 37745			VP & CAO			
Signatures						

Signatures

/s/ Michael P McLean	08/19/2016			
<u>**</u> Signature of Reporting Person	Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This option vests 33-1/3% each year over a three year period commencing on 2/7/11.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.