HELIX ENERGY SOLUTIONS GROUP INC

Form 8-K April 29, 2013

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 8-K

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CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): April 29, 2013

Helix Energy Solutions Group, Inc. (Exact name of registrant as specified in its charter)

Minnesota 001-32936 95-3409686 (State or other jurisdiction (Commission File (IRS Employer Identification of incorporation) Number) No.) 400 N. Sam Houston Parkway 77060 E., Suite 400 (Zip Code) Houston, Texas (Address of principal executive offices) 281-618-0400 (Registrant's telephone number, including area

code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

╙	Written communications	pursuant to	Rule 425	under ti	ne Securities	Act (1/	CFR 230.4	23)

| | Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
_ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01 Regulation FD Disclosure.

Helix Energy Solutions Group, Inc. (the "Company") is disclosing an updated Company presentation to be used in communications with investors as well as an upcoming investor event. The presentation materials are attached hereto as Exhibit 99.1 and incorporated by reference herein. The presentation materials will also be posted in the Presentations section under Investor Relations of Helix's website, www.HelixESG.com.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

Number Description

99.1 Materials to be presented at the investor event.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: April 29, 2013

HELIX ENERGY SOLUTIONS GROUP, INC.

By: /s/ Anthony Tripodo

Anthony Tripodo

Executive Vice President and Chief

Financial Officer

Index to Exhibits

Exhibit No. Description

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