

VINCENT BRUCE H
Form 4
June 29, 2006

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
VINCENT BRUCE H

2. Issuer Name and Ticker or Trading Symbol
SWIFT ENERGY CO [SFY]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
16825 NORTHCHASE DRIVE,
SUITE 400

(Street)

3. Date of Earliest Transaction
(Month/Day/Year)
06/01/2006

____ Director
____ Officer (give title below)
____ 10% Owner
____ Other (specify below)
President

HOUSTON, TX 77060

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
X Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|--|---|
| SFY Common Stock-401(k) | | | | | 9,592 | I | 401(k) Plan |
| SFY Cmmn Stock-ESOP Holding | | | | | 900 | I | ESOP Plan |
| Swift Energy Common Stock | 06/01/2006 | 06/01/2006 | J ⁽¹⁾ | 712 A | \$ 29,8435 | 68,885 | D |
| Swift Energy Common | 06/27/2006 | | A | 5,526 A | \$ 31.4 | 74,411 | D |

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Stock

Swift Energy

Common 06/27/2006 A 7,444 A \$ 31.4 81,855 D

Stock

Swift Energy

Common 06/27/2006 F⁽⁴⁾ 4,276 D \$ 40.57 77,579 D

Stock

Swift Energy

Common 06/27/2006 F⁽⁵⁾ 5,761 D \$ 40.57 71,818 D

Stock

Swift Energy

Common 06/28/2006 S 2,933 D \$ 40.62 68,885 D

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Underlying Security (Instr. 3 and 4) |
|--|--|--------------------------------------|--|--------------------------------|---|--|---|
| | | | | Code | V (A) (D) | Date Exercisable Expiration Date | Title |
| SQ05 Plan grt 06/27/2006-08 | \$ 40.57 | 06/27/2006 | | A ⁽²⁾ | 4,276 | 06/27/2007 06/27/2008 | Swift Energy Common Stock |
| SQ05 Plan grt 06/27/2006-08 | \$ 40.57 | 06/27/2006 | | A ⁽³⁾ | 5,761 | 06/27/2007 06/27/2008 | Swift Energy Common Stock |
| SQ90 plan grt 5/17/2005 NQ exp 5/17/07 | \$ 31.4 | 06/27/2006 | | M | 5,526 | 05/17/2006 05/17/2007 | Swift Energy Common Stock |
| SQ90 plan grt 5/17/2005 NQ | \$ 31.4 | 06/27/2006 | | M | 7,444 | 05/17/2006 05/17/2007 | Swift Energy |

