Miketa George Form 3/A March 28, 2018

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

OMB Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting

Person *

Miketa George

(Last)

(First) (Middle)

Statement

(Month/Day/Year)

02/09/2018

2. Date of Event Requiring 3. Issuer Name and Ticker or Trading Symbol

SunOpta Inc. [STKL]

7301 OHMS LANE SUITE 600

(Street)

4. Relationship of Reporting

Person(s) to Issuer

Filed(Month/Day/Year)

02/14/2018

(Check all applicable)

Director _X__ Officer

10% Owner Other (give title below) (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)

X Form filed by One Reporting

5. If Amendment, Date Original

Form filed by More than One Chief Customer Officer Reporting Person

EDINA, MNÂ 55439

(City) (State) (Zip)

1. Title of Security

(Instr. 4)

2. Amount of Securities

Beneficially Owned (Instr. 4)

Ownership Form:

(I)

Direct (D) or Indirect

Table I - Non-Derivative Securities Beneficially Owned

4. Nature of Indirect Beneficial

Ownership (Instr. 5)

(Instr. 5)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)

2. Date Exercisable and **Expiration Date**

(Month/Day/Year)

Expiration

3. Title and Amount of Securities Underlying **Derivative Security**

(Instr. 4)

Conversion or Exercise Price of Derivative Security

4.

5. Ownership Form of Derivative

6. Nature of Indirect Beneficial Ownership (Instr. 5)

Date Exercisable Date

Amount or Title Number of Shares

Security: Direct (D) or Indirect

(I) (Instr. 5)

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Restricted Stock Units	(1)	(2)	Common Shares	17,500 (3) \$ (4)	D	Â
Non-Qualified Stock Option (Right to Buy)	(5)	11/28/2027	Common Shares	20,381 (3) \$ 7.7	D	Â
Incentive Stock Option (Right to Buy)	(5)	11/28/2027	Common Shares	12,987 (3) \$ 7.7	D	Â
Restricted Stock Units	(6)	(2)	Common Shares	14,653 (3) \$ (4)	D	Â
Performance Share Units	(7)	(2)	Common Shares	73,265 (3) \$ (8)	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships				
F 8	Director	10% Owner	Officer	Other	
Miketa George 7301 OHMS LANE SUITE 600 EDINA Â MNÂ 55439	Â	Â	Chief Customer Officer	Â	

Signatures

/s/ Jill Barnett, attorney-in-fact 03/28/2018

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On November 1, 2017, the reporting person was granted 17,500 restricted stock units, vesting in three equal annual installments beginning on the first anniversary of the grant date.
- (2) This award has no expiration date. Units will either vest or be forfeit.
- (3) These shares were omitted from the reporting person's original Form 3, and also were omitted from one Form 4 filed by the reporting person after his original Form 3 was filed.
- (4) Each Restricted Stock Unit represents a contingent right to receive one share of STKL common stock.
- (5) The grant cliff vests after 3 years on May 24, 2020.
- (6) On November 28, 2017, the reporting person was granted 14,653 restricted stock units, vesting in three equal annual installments beginning on the first anniversary of the grant date.
- The Performance Stock Units will vest, if at all, on May 24, 2020 based upon meeting the following stock performance conditions for 20 consecutive trading days: one-third of the Performance Stock Units eligible to vest upon achieving a stock price of \$11.00, one-third of the Performance Stock Units eligible to vest upon achieving a stock price of \$14.00, and one-third of the Performance Stock Units eligible to vest upon achieving a stock price of \$18.00.
- (8) Each Performance Stock Unit represents a contingent right to receive one share of STKL common stock.

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Remarks:

EXHIBITÂ LIST

Exhibit 24 - Power of Attorney

Reporting Owners 2

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.