SMITH & NEPHEW PLC Form 6-K July 26, 2007

FORM 6-K

SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

24 July, 2007

Commission File Number 001-14978

SMITH & NEPHEW plc
(Registrant's name)

15 Adam Street London, England WC2N 6LA (Address of registrant's principal executive offices)

[Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.]

Form 20-F X Form 40-F

[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1).]

Yes No X ----

[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7).]

Yes No X

[Indicate by check mark whether by furnishing the information contained in this Form, the registrant is also thereby furnishing information to the Commission pursuant to Rule 12g3-2 (b) under the Securities Exchange Act of 1934.]

Yes No X

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2 (b) : 82-n/a.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Smith & Nephew plc
(Registrant)

Date: July 24, 2007

By: /s/ Paul Chambers

Paul Chambers Company Secretary

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 24 July 2007

Name of applicant: Smith & Nephew plc Name of scheme: 1985 Executive Share Option Scheme Period of return: 23 January 2007 To: 23 J From: 18,578 Balance under scheme from previous return: The amount by which the block scheme has been increased, 30,000 if the scheme has been increased since the date of the last return: Number of securities issued/allotted under scheme during 29,404 period: Balance under scheme not yet issued/allotted at end of 19,174 period Number and class of securities originally listed and the 85,000 Ordinary Shares of US\$ 20 cents date of admission January 2006. 30,000 Ordinary Shares c listed on 13 February 2007 Total number of securities in issue at the end of the 919,848,584 ordinary shares of US\$ 20 period issue. 26,433,000 ordinary shares of U held in treasury. Name of contact: Phil Higgins 15 Adam Street, London, WC2N 6LA Address of contact: Telephone number of contact: 0207 960 2228

SIGNED BY Paul Chambers, Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

BLOCK LISTING SIX MONTHLY RETURN

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To: The FSA

Date: 24 July 2007

Name of applicant:		Smith & Nephew plc
Name of scheme:		1990 International Executive Share Opt
Period of return:	From:	23 January 2007 To: 23 J
Balance under scheme from previous return:		1,278,561
The amount by which the block scheme has been	en increased,	N/A
if the scheme has been increased since the d	late of the	
last return:		
Number of securities issued/allotted under s	cheme during	380,596
period:	5	
Balance under scheme not yet issued/allotted	l at end of	897,965
period		
Number and class of securities originally li	sted and the	1,850,000 ordinary shares of US\$ 20 ce
date of admission		2006
Total number of securities in issue at the e	end of the	919,848,584 ordinary shares of US\$ 20
period		issue. 26,433,000 ordinary shares of U
		held in treasury.
		nora in croacarj.
Name of contact:		Phil Higgins
Address of contact:		15 Adam Street, London, WC2N 6LA
Telephone number of contact:		0207 960 2228
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BLOCK LISTING SIX MONTHLY RETURN

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To: The FSA

Date: 24 July 2007

Name of applicant: Name of scheme:		Smith & Nephew plc 1991 Overseas Employee	Share Option Sc
Period of return:	From:	23 January 2007	
Balance under scheme from previous r	eturn:	15,630	
The amount by which the block scheme	e has been increased,	N/A	
if the scheme has been increased sin	ice the date of the		
last return:			
Number of securities issued/allotted	l under scheme during	700	
period:			
Balance under scheme not yet issued/	allotted at end of	14,930	
period			
Number and class of securities origi	nally listed and the	27,500 ordinary shares	
date of admission		listed on 23 January 2	
Total number of securities in issue	at the end of the	919,848,584 ordinary s	
period		issue. 26,433,000 ordi	nary shares of U
		held in treasury.	
Name of contact:		Phil Higgins	
Address of contact:		15 Adam Street, London	, WC2N 6LA
Telephone number of contact:		0207 960 2228	

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BLOCK LISTING SIX MONTHLY RETURN

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To: The FSA

Date: 24 July 2007

Name of applicant: Smith & Nephew plc Name of scheme: 2001 UK Approved Share Option Scheme Period of return: 23 January 2007 To: 23 J From: Balance under scheme from previous return: 461,432 The amount by which the block scheme has been increased, N/A if the scheme has been increased since the date of the last return: Number of securities issued/allotted under scheme during 65,631 period: Balance under scheme not yet issued/allotted at end of 395,801 period 500,000 ordinary shares of US\$ 20 cent Number and class of securities originally listed and the date of admission January 2006 Total number of securities in issue at the end of the 919,848,584 ordinary shares of US\$ 20 issue. 26,433,000 ordinary shares of U period held in treasury. Name of contact: Phil Higgins Address of contact: 15 Adam Street, London, WC2N 6LA

0207 960 2228

SIGNED BY Paul Chambers, Company Secretary

Telephone number of contact:

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Smith & Nephew plc

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To: The FSA

Date: 24 July 2007

Name of applicant: Smith & Nephew plc Name of scheme: 2001 UK Unapproved Share Option Scheme Period of return: 23 January 2007 To: 23 J From: 593,233 Balance under scheme from previous return: 1,000,000 The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: Number of securities issued/allotted under scheme during 463,850 period: Balance under scheme not yet issued/allotted at end of 1,129,383 period Number and class of securities originally listed and the 1,000,000 ordinary shares of US\$ 20 ce date of admission January 2006. 1,000,000 ordinary share listed on 13 February 2007 919,848,584 ordinary shares of US\$ 20 Total number of securities in issue at the end of the issue. 26,433,000 ordinary shares of U period held in treasury. Name of contact: Phil Higgins Address of contact: 15 Adam Street, London, WC2N 6LA Telephone number of contact: 0207 960 2228

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To: The FSA

Date: 24 July 2007

Name of applicant: Smith & Nephew plc Name of scheme: 2001 US Share Option Scheme 23 January 2007 23 J Period of return: From: To: 263,885 Balance under scheme from previous return: The amount by which the block scheme has been increased, 1,500,000 if the scheme has been increased since the date of the last return: Number of securities issued/allotted under scheme during 1,357,825 period: Balance under scheme not yet issued/allotted at end of 406,060 period Number and class of securities originally listed and the 1,500,000 ordinary shares of US\$ 20 ce date of admission January 2006. 1,500,000 ordinary share listed on 13 February 2007 Total number of securities in issue at the end of the 919,848,584 ordinary shares of US\$ 20 period issue. 26,433,000 ordinary shares of U held in treasury. Name of contact: Phil Higgins Address of contact: 15 Adam Street, London, WC2N 6LA Telephone number of contact: 0207 960 2228

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To: The FSA

Date: 24 July 2007

Name of applicant: Smith & Nephew plc Name of scheme: International Employees Share Option S Period of return: From: 23 January 2007 To: 23 J Balance under scheme from previous return: 783,715 The amount by which the block scheme has been increased, N/A if the scheme has been increased since the date of the last return: Number of securities issued/allotted under scheme during 38,658 period: Balance under scheme not yet issued/allotted at end of 745,057 period Number and class of securities originally listed and the 1,000,000 ordinary shares of US\$ 20 ce January 2006 date of admission Total number of securities in issue at the end of the 919,848,584 ordinary shares of US\$ 20 issue. 26,433,000 ordinary shares of U period held in treasury. Name of contact:

Address of contact: Telephone number of contact: Phil Higgins 15 Adam Street, London, WC2N 6LA 0207 960 2228

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BLOCK LISTING SIX MONTHLY RETURN

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To: The FSA

t

Date: 24 July 2007

Name of applicant: Smith & Nephew plc Name of scheme: UK Employee Share Option Scheme Period of return: From: 23 January 2007 To: 23 J Balance under scheme from previous return: 881,892 The amount by which the block scheme has been increased, N/A if the scheme has been increased since the date of the last return: Number of securities issued/allotted under scheme during 47,986 period: Balance under scheme not yet issued/allotted at end of 833,906 period Number and class of securities originally listed and the 1,500,000 ordinary shares of US\$ 20 ce date of admission January 2006 Total number of securities in issue at the end of the 919,848,584 ordinary shares of US\$ 20 period issue. 26,433,000 ordinary shares of U held in treasury.

Name of contact: Address of contact: Telephone number of contact: Phil Higgins 15 Adam Street, London, WC2N 6LA 0207 960 2228

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To: The FSA

Date: 24 July 2007

Name of applicant:		Smith & Nephew plc		
Name of scheme:		2004 Performance Shar	e Plan	
Period of return:	From:	23 January 2007	To:	23 J
Balance under scheme from previou	is return:	N/A		
The amount by which the block sch	neme has been increased,	750,000		
if the scheme has been increased	since the date of the			
last return:				
Number of securities issued/allot	ted under scheme during	0		
period:				
Balance under scheme not yet issu	ed/allotted at end of	750,000		
period				
Number and class of securities or	iginally listed and the	750,000 ordinary shar	es of US\$	20 cent
date of admission		February 2007		
Total number of securities in iss	sue at the end of the	919,848,584 ordinary	shares of	US\$ 20
period		issue. 26,433,000 ord	inary shar	res of U
		held in treasury.		
Name of contact:		Phil Higgins		
Address of contact:		15 Adam Street, Londo:	n, WC2N 6I	JA
Telephone number of contact:		0207 960 2228		

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Smith & Nephew plc

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To: The FSA

Date: 24 July 2007

Name of applicant:		Smith & Nephew plc		
Name of scheme:		2004 Executive Sha	re Option Pla	n
Period of return:	From:	23 January 2007	To:	23 J
Balance under scheme from previous retur	n:	N/A		
The amount by which the block scheme has if the scheme has been increased since the last return:		1,000,000		
Number of securities issued/allotted und period:	er scheme during	0		
Balance under scheme not yet issued/allo period	tted at end of	1,000,000		
Number and class of securities originall date of admission Total number of securities in issue at t period	*	1,000,000 ordinary February 2007 919,848,584 ordina issue. 26,433,000 held in treasury.	ry shares of	US\$ 20
Name of contact:		Phil Higgins		

Address of contact: Telephone number of contact: 15 Adam Street, London, WC2N 6LA 0207 960 2228

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To: The FSA

Date: 24 July 2007

Name of applicant: Smith & Nephew plc Name of scheme: 2004 Coinvestment Plan Period of return: From: 23 January 2007 To: 23 J Balance under scheme from previous return: N/A 750,000 The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: Number of securities issued/allotted under scheme during 70,760 period: Balance under scheme not yet issued/allotted at end of 679,240 period Number and class of securities originally listed and the 750,000 ordinary shares of US\$ 20 cent date of admission February 2007 Total number of securities in issue at the end of the 919,848,584 ordinary shares of US\$ 20 issue. 26,433,000 ordinary shares of U period held in treasury.

Phil Higgins

0207 960 2228

15 Adam Street, London, WC2N 6LA

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