		uyar Filli	ig. COr			500	NUESI				
CONTINEN Form 4 July 31, 200	NTAL RESOURC	CES INC									
FORM	14			DIFIEG						APPROVAL	
Check t	UNITED	Washington, D.C. 20549									
if no lor subject Section Form 4	to STATEN 16. or			SECUI	RITIES			NERSHIP OF	Expires: Estimated burden ho response	urs per	
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type	Responses)										
1. Name and Hamm Har	Address of Reporting old	Person <sup>*</sup>	Symbol	er Name <b>an</b> INENTA			-	5. Relationship of Reporting Person(s) to Issuer			
			[CLR]		LILLUU	ene	10 11 (0	(Check all applicable)			
				of Earliest T Day/Year)	ransaction	1		_X_ Director _X_ 10% Owner _X_ Officer (give title Other (specify below) below)			
			07/30/2	2008				CEO, Chairman			
				endment, D onth/Day/Yea	-	al		<ul> <li>6. Individual or Joint/Group Filing(Check Applicable Line)</li> <li>_X_Form filed by One Reporting Person</li> <li>Form filed by More than One Reporting</li> </ul>			
(City)	(State)	(Zip)			~	~		Person			
		-		ole I - Non-				quired, Disposed o	i, or Benefici	-	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		n Date, if	Code (Instr. 8)	4. Securi on(A) or D (Instr. 3, Amount	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common							\$	123,141,797		Revocable Inter Vivos	
Stock	07/30/2008			Р	1,089	A	ф 54.04	( <u>1</u> )	Ι	Trust of Harold G. Hamm (2)	
Common Stock	07/30/2008			Р	2,911	A	\$ 54.08	123,144,708 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)	
	07/30/2008			Р	6,000	А			Ι		

Common Stock					\$ 54.51	123,150,708 (1)		Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	1,273	А	\$ 54.6	123,151,981 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	100	А	\$ 54.63	123,152,081 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	2,427	А	\$ 54.66	123,154,508 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	1,200	A	\$ 54.71	123,155,708 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	100	А	\$ 55.47	123,155,808 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	100	А	\$ 55.48	123,155,908 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	100	А	\$ 55.53	123,156,008 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	100	А	\$ 55.57	123,156,108 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)
	07/30/2008	Р	400	А			Ι	

Common Stock					\$ 55.59	123,156,508 (1)		Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	400	А	\$ 55.6	123,156,908 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	500	А	\$ 55.81	123,157,408 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	3,300	A	\$ 55.82	123,160,708 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	500	A	\$ 56.1	123,161,208 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	200	А	\$ 56.95	123,161,408 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	200	А	\$ 56.99	123,161,608 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	4,100	А	\$ 57	123,165,708 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	200	А	\$ 57.42	123,165,908 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)
	07/30/2008	Р	1,000	А			Ι	

Common Stock					\$ 57.43	123,166,908 (1)		Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	700	А	\$ 57.45	123,167,608 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	5,000	А	\$ 57.46	123,172,608 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	200	A	\$ 57.49	123,172,808 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	2,900	A	\$ 57.5	123,175,708 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	200	A	\$ 57.54	123,175,908 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	400	A	\$ 57.55	123,176,308 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	100	A	\$ 57.56	123,176,408 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	200	A	\$ 57.57	123,176,608 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
	07/30/2008	Р	310	А			Ι	

Common Stock			-		\$ 57.6	123,176 4 (1)	5,918		Inter Trus	ld G.	
Reminder: F	Report on a sep	parate line for each cla	ass of securities benef	Persor inform require	ns who re ation con ed to resp ys a curre	or indirectly. spond to th tained in th ond unless ntly valid O	is form are the form	not	SEC 14 (9-(		
			ative Securities Acq puts, calls, warrants				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		4. Transactio Code (Instr. 8)	of		ate	Amou Unde Secur	rlying	8. Price of Derivative Security (Instr. 5)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

Reporting Owner Name / Addre	ess	Relationships								
	Director	10% Owner	Officer	Other						
Hamm Harold P. O. BOX 1032 302 N. INDEPENDENCE ENID, OK 73702	Х	Х	CEO, Chairman							
Signatures										
Harold Hamm	07/31/2008									
****										

<u>\*\*</u>Signature of Reporting Person

Date

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1)

9. Nu Deriv Secu: Bene Own Follo Repo Trans (Instr

Includes 73,337 shares of restricted common stock which vest on October 5, 2008 and 160,000 shares of restricted common stock which vest 50% on each of October 5, 2009 and October 5, 2010.

(2) Mr. Hamm holds the shares through the Revocable Inter Vivos Trust of Harold G. Hamm, for which Mr. Hamm is both the Trustee and sole beneficiary.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.