#### CONTINENTAL RESOURCES INC

Form 4 May 14, 2008

### FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB Number:

3235-0287

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**OMB APPROVAL** 

response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Luttrell Tom E			2. Issuer Name and Ticker or Trading Symbol CONTINENTAL RESOURCES INC [CLR]	5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)		
(Last) P. O. BOX 10 INDEPENDE		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/12/2008	Director 10% Owner X_ Officer (give title Other (specify below)		
ENID, OK 73	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acq	uired, Disposed of, or Beneficially Owned		

(City)	(State)	(Zip) Tab	le I - Non-	Derivative	Secui	rities Acquir	ed, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A) Transaction Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)  (A) or				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	05/12/2008		Code V S	Amount 100	(D)	Price \$ 49.4505	(Instr. 3 and 4) 121,282 (1)	D	
Common Stock	05/13/2008		S	12,584	D	\$ 50.8775	108,698 (1)	D	
Common Stock	05/13/2008		S	100	D	\$ 50.9075	108,598 (1)	D	
Common Stock	05/13/2008		S	200	D	\$ 50.9275	108,398 (1)	D	
Common Stock	05/13/2008		S	300	D	\$ 50.9875	108,098 (1)	D	

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Common Stock	05/13/2008	S	200	D	\$ 51.0875	107,898 (1)	D
Common Stock	05/13/2008	S	300	D	\$ 51.0575	107,598 (1)	D
Common Stock	05/13/2008	S	200		\$ 51.0675		D
Common Stock	05/13/2008	S	100		\$ 50.9975		D
Common Stock	05/13/2008	M	18,000				D
Common Stock	05/13/2008	F	6,569	D	\$ 52.09	118,729 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of ionDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		crivative Expiration Date (Month/Day/Year) Equired (A) Disposed of (Str. 3, 4,		7. Title and A Underlying S (Instr. 3 and	Securities
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options (Right to Buy)	\$ 0.7064	05/13/2008		M		18,000	(2)	06/30/2012	Common Stock	18,000

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
• 0	Director	10% Owner	Officer	Other			
Luttrell Tom E P. O. BOX 1032 302 N. INDEPENDENCE ENID, OK 73702			Sr. V.P. Land				

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### **Signatures**

Tom E. Luttrell 05/14/2008

\*\*Signature of Date
Reporting Person

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 20,000 shares of restricted common stock which vest 50% on October 5, 2009 and October 5, 2010 respectively.
- (2) 55,000 options granted July 1, 2002. Per the terms of the award all options have vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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