BLACKROCK MUNIHOLDINGS INSURED FUND, INC. Form N-Q March 31, 2010 UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549
FORM N-Q
QUARTERLY SCHEDULE OF PORTFOLIO HOLDINGS OF REGISTERED MANAGEMENT INVESTMENT COMPANY
Investment Company Act file number 811-08707
Name of Fund: BlackRock MuniHoldings Insured Fund, Inc. (MUS)
Fund Address: 100 Bellevue Parkway, Wilmington, DE 19809
Name and address of agent for service: Anne F. Ackerley, Chief Executive Officer, BlackRock MuniHoldings Insured Fund, Inc., 55 East 52 nd Street, New York, NY 10055.
Registrant s telephone number, including area code: (800) 882-0052, Option 4
Date of fiscal year end: 04/30/2010
Date of reporting period: 01/31/2010
Item 1 Schedule of Investments

Schedule of Investments January 31, 2010 (Unaudited)

BlackRock MuniHoldings Insured Fund, Inc. (MUS) (Percentages shown are based on Net Assets)

Par

Municipal Bonds	Par (000)	Value
Alabama 2.6%		
Birmingham Special Care Facilities		
Financing Authority, RB, Children s	¢ 2.2	20 6 2.470.010
Hospital (AGC), 6.00%, 6/01/39 County of Jefferson Alabama, RB,	\$ 2,3	30 \$ 2,470,919
Series A, 5.50%, 1/01/22	2,1	70 1,844,847
		4,315,766
Arizona 0.5%		
State of Arizona, COP, Department of		
Administration, Series A (AGM), 5.25%, 10/01/28	7	739,053
State of Arizona, COP, Department of	I	13 739,033
Administration, Series A (AGM),		
5.00%, 10/01/29	1	85 186,826
		925,879
Arkansas 3.7%		
Arkansas Development Finance		
Authority, Refunding RB, Mortgage Loan, Series C (NPFGC), 5.35%,		
12/01/35	6,2	20 6,268,329
California 15.0%		
California State Public Works Board, RB,		
Department of General Services, Capital East End Complex, Series A		
(AMBAC), 5.00%, 12/01/27	2,0	1,852,800
Central Unified School District, GO,		
Election of 2008, Series A (AGC),	1.2	25 1 407 654
5.63%, 8/01/33 City of Vista California, COP, Refunding,	1,3	25 1,407,654
Community Projects (NPFGC), 5.00%,		
5/01/37	3,6	3,285,540
County of Sacramento California, RB,		
Senior Series A (AGC), 5.50%, 7/01/41	2,1	00 2,181,606
East Side Union High School District-	2,1	2,181,000
Santa Clara County California, GO,		
Election of 2002, Series B (NPFGC),		
5.00%, 8/01/27	1,8	1,815,534
	Par	
Municipal Bonds	(000)	Value
California (concluded)		

Modesto Schools Infrastructure Financing Agency, Special Tax Bonds		
(AMBAC), 5.50%, 9/01/36	\$ 2,565	\$ 2,292,648
Oceanside Unified School District		
California, GO, Series A (AGC),		
5.25%, 8/01/33	1,825	1,862,631
San Pablo Joint Powers Financing		
Authority California, Tax Allocation		
Bonds, Refunding, CAB (NPFGC), 5.66%, 12/01/24 (a)	2,635	1,051,312
San Pablo Joint Powers Financing	2,033	1,031,312
Authority California, Tax Allocation		
Bonds, Refunding, CAB (NPFGC),		
5.66%, 12/01/25 (a)	2,355	877,638
San Pablo Joint Powers Financing		
Authority California, Tax Allocation		
Bonds, Refunding, CAB (NPFGC),	2.255	000 (12
5.66%, 12/01/26 (a) Santa Ana Unified School District, GO	2,355	808,613
(NPFGC), 5.00%, 8/01/32	4,265	4,272,933
West Contra Costa Unified School	1,203	1,272,733
District California, GO, Election of		
2000, Series C (NPFGC), 5.00%,		
8/01/21	3,480	3,539,752
		25,248,661
Colorado 1.2%		
Colorado Health Facilities Authority, RB,		
Hospital, NCMC Inc. Project, Series B		
(AGM), 6.00%, 5/15/26	1,900	2,096,156
District of Columbia 0.2%		
District of Columbia, RB, Deed Tax,		
Housing Production Trust Fund,		
Series A (NPFGC), 5.00%, 6/01/32	400	399,440
Florida 13.4%		
City of Orlando Florida, RB, Senior, 6th		
Cent Contract Payments, Series A (AGC), 5.25%, 11/01/38	2,000	2,023,960
(1100), 5.25 %, 11101150	2,000	2,023,700

Portfolio Abbreviations

AGC

To simplify the listings of portfolio holdings in the Schedule of Investments, the names and descriptions of many of the securities have been abbreviated according to the following list:

AGM Assured Guaranty Municipal Corp.

AMBAC American Municipal Bond Assurance Corp.

AMT Alternative Minimum Tax (subject to)

BHAC Berkshire Hathaway Assurance Corp.

Assured Guaranty Corp.

CAB Capital Appreciation Bonds COP Certificates of Participation EDA Economic Development Authority

FGIC Financial Guaranty Insurance Co.

GNMA Government National Mortgage Association

GO General Obligation Bonds
HFA Housing Finance Agency
ISD Independent School District

NPFGC National Public Finance Guarantee Corp.

RB Revenue Bonds S/F Single-Family

BLACKROCK MUNIHOLDINGS INSURED FUND, INC.

JANUARY 31, 2010

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Schedule of Investments (continued)

BlackRock MuniHoldings Insured Fund, Inc. (MUS) (Percentages shown are based on Net Assets)

Municipal Bonds	Par (000)	Value
Florida (concluded)		
County of Miami-Dade Florida, RB,		
CAB, Sub-Series A (NPFGC), 5.24%,		
10/01/37 (a)	\$ 2,225 \$	325,940
County of Miami-Dade Florida, RB,		
Miami International Airport, Series A,		
AMT (AGM), 5.50%, 10/01/41	3,900	3,939,858
County of Pasco Florida, RB, Half-Cent		
(AMBAC), 5.13%, 12/01/28	3,850	3,566,717
Jacksonville Health Facilities Authority,		
RB, Baptist Medical Center (AGM),	2.725	2 (7(021
5.00%, 8/15/37	2,725	2,676,931
Jacksonville Port Authority, RB, AMT (AGC), 6.00%, 11/01/38	2,215	2,265,436
Orange County School Board, COP,	2,213	2,203,430
Series A (AGC), 5.50%, 8/01/34	7,395	7,786,343
Series 11 (11GC), 5.30 %, 6/01/5 1	- 1,575	7,700,313
		22,585,185
Georgia 5.2%		
Augusta-Richmond County Georgia, RB		
(AGM), 5.25%, 10/01/39	3,495	3,613,061
Gwinnett County Hospital Authority,		
Refunding RB, Gwinnett Hospital		
System, Series D (AGM), 5.50%,		
7/01/41	2,075	2,082,470
Metropolitan Atlanta Rapid Transit		
Authority, RB, Third Indenture,		
Series B (AGM), 5.00%, 7/01/34	2,940	3,048,692
	_	
		8,744,223
Illinois 14.8%		
Chicago Board of Education Illinois, GO,		
Refunding, Chicago School Reform		
Board, Series A (NPFGC), 5.50%,		
12/01/26	1,200	1,330,020
Chicago Transit Authority, RB, Federal		
Transit Administration Section 5309,	2 000	2 272 000
Series A (AGC), 6.00%, 6/01/26 City of Chicago, Illinois, GO, Refunding,	2,000	2,272,900
Projects, Series A (AGM), 5.00%,		
1/01/28	1,405	1,474,449
City of Chicago, Illinois, GO, Refunding,	1,103	1,7/7,772
Projects, Series A (AGM), 5.00%,		
1/01/29	2,180	2,268,159
	870	898,145

City of Chicago, Illinois, GO, Refunding, Projects, Series A (AGM), 5.00%, 1/01/30			
City of Chicago Illinois, RB, Series A (AGM), 5.00%, 1/01/33 City of Chicago Illinois, Refunding RB,		8,000	8,109,360
Second Lien (NPFGC), 5.50%, 1/01/30		1,310	1,439,179
Lake Cook-Dane & McHenry Counties Community Unit School District 220 Illinois, GO (NPFGC), 5.75%,			
12/01/19		45	46,611
Municipal Bonds		Par (000)	Value
Illinois (concluded)			
State of Illinois, GO, First Series	φ	4.500	¢ 4.519.000
(NPFGC), 6.00%, 1/01/18 State of Illinois, RB, Build Illinois,	\$	4,500	\$ 4,518,900
Series B, 5.25%, 6/15/28		2,500	2,644,000
			25,001,723
Indiana 4.4%			
Indiana Municipal Power Agency, RB, Series A (NPFGC), 5.00%, 1/01/42 Indianapolis Local Public Improvement		6,000	5,822,880
Bond Bank, Refunding RB, Waterworks Project, Series A (AGC), 5.50%, 1/01/38		1,430	1,534,075
			7,356,955
Iowa 1.1%			
Iowa Finance Authority, Refunding RB, Iowa Health System (AGC), 5.25%, 2/15/29		1,770	1,812,179
		-,	
Kentucky 1.1% Kentucky Economic Development Finance Authority, RB, Louisville Arena, Sub-Series A-1 (AGC), 6.00%,			
12/01/38		650	697,957
Kentucky State Property & Buildings Commission, Refunding RB, Project		1 000	1.072.400
No. 93 (AGC), 5.25%, 2/01/29		1,000	1,073,400
			1,771,357
Louisiana 1.4%			
Louisiana State Citizens Property Insurance Corp., RB, Series C-3 (AGC), 6.13%, 6/01/25		2,055	2,304,477
Massachusetts 3.7%			
Massachusetts Bay Transportation Authority, Refunding RB,		3,375	3,379,792

Senior Series A, 5.00%,	7/01/35		
Massachusetts HFA, RB,	Rental		
Mortgage, Series C, AM	Γ (AGM),		
5.50%, 7/01/32		2,440	2,455,787
Massachusetts HFA, Ref			
Housing Development, S			
(NPFGC), 5.15%, 6/01/1	1	315	316,887
			6,152,466
Michigan 15.0%			
City of Detroit Michigan	, RB, Second		
Lien, Series B (NPFGC),	5.50%,		
7/01/29		2,410	2,378,574
City of Detroit Michigan	, RB, Senior		
Lien, Series B (AGM), 7	.50%,		
7/01/33		1,000	1,186,800
City of Detroit Michigan	, Refunding RB,		
Second Lien, Series C (B	HAC), 5.75%,		
7/01/27		1,580	1,709,070
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Schedule of Investments (continued)

BlackRock MuniHoldings Insured Fund, Inc. (MUS) (Percentages shown are based on Net Assets)

Municipal Bonds	Par (000		Value
Michigan (concluded)			
City of Detroit Michigan, Refunding RB,			
Second Lien, Series E (BHAC), 5.75%,			
7/01/31	\$	3,240	\$ 3,455,655
City of Detroit Michigan, Refunding RB,			
Senior Lien, Series C-1 (AGM), 7.00%,			
7/01/27		4,810	5,531,452
City of Detroit Michigan, Refunding RB,			
Senior Lien, Series C-2 (BHAC),			
5.25%, 7/01/29		1,910	1,979,600
Michigan State Building Authority,			
Refunding RB, Facilities Program,			
Series I (AGC), 5.25%, 10/15/24		875	930,641
Michigan State Building Authority,			
Refunding RB, Facilities Program,		455	400.540
Series I (AGC), 5.25%, 10/15/25		455	480,548
Michigan Strategic Fund, Refunding RB,			
Detroit Edison Co., Pollution, Series B,		1.500	1 404 620
AMT (Syncora), 5.65%, 9/01/29		1,500	1,494,630
Michigan Strategic Fund, Refunding RB, Detroit Edison Co., Pollution, Series C,			
AMT (Syncora), 5.65%, 9/01/29		2,050	2,042,661
Michigan Strategic Fund, Refunding RB,		2,030	2,042,001
Detroit Edison Co. Project, Series A,			
AMT (Syncora), 5.50%, 6/01/30		2,000	1,910,340
Royal Oak Hospital Finance Authority		2,000	1,510,510
Michigan, Refunding RB, William			
Beaumont Hospital, 8.25%, 9/01/39		1,910	2,214,492
I		,	
			25,314,463
Minnesota 0.9%			
City of Minneapolis Minnesota,			
Refunding RB, Fairview Health			
Services, Series B (AGC), 6.50%,			
11/15/38		1,325	1,471,876
Missouri 5.4%			
Cape Girardeau School District, GO,			
Missouri Direct Deposit Program			
(FGIC), 5.50%, 3/01/18		2,000	2,008,120
Mehlville School District No. R-9			
Missouri, COP, Series A (AGM), 5.50%,			
3/01/11 (b)		5,510	5,817,568
Mehlville School District No. R-9			
Missouri, COP, Series A (AGM), 5.50%,			
3/01/14		360	377,208

Mehlville School District No. R-9		
Missouri, COP, Series A (AGM), 5.50%,		
3/01/15	405	424,359
Mehlville School District No. R-9		
Missouri, COP, Series A (AGM), 5.50%,		
3/01/16	215	225,277
Mehlville School District No. R-9		
Missouri, COP, Series A (AGM), 5.50%,		
3/01/17	280	293,384
		9,145,916
		>,1 .5,> 10

Municipal Bonds	Par (000)		Value
Nevada 3.7%			
County of Clark Nevada, RB, Jet Aviation Fuel Tax, Series C, AMT (AMBAC),			
5.38%, 7/01/20	\$	1,000	\$ 965,160
County of Clark, Nevada, RB, Las Vegas- McCarran International Airport, Series A (AGC), 5.25%, 7/01/39 (c)	,	3,510	3,494,205
County of Clark Nevada, RB, Las Vegas-	•),510	3,474,203
McCarran, Series A-1, AMT (AGM),			
5.00%, 7/01/23		1,750	1,763,423
			6,222,788
New Jersey 7.7%			
New Jersey EDA, RB, Motor Vehicle			
Surcharge, Series A (NPFGC), 5.25%, 7/01/33		5,700	6,797,284
New Jersey Health Care Facilities			
Financing Authority, RB, Virtua Health (AGC), 5.50%, 7/01/38	•	2,100	2,190,867
New Jersey Transportation Trust Fund			, ,
Authority, RB, Transportation System,		2.500	2 000 175
Series A (AGC), 5.63%, 12/15/28		3,500	3,899,175
			12,887,326
New York 6.1%			
City of New York New York, GO, Series E		4,000	4 271 060
(AGM), 5.00%, 11/01/17 New York City Transitional Finance	•	+,000	4,371,960
Authority, RB, Fiscal 2009, Series S-3,			
5.25%, 1/15/39		1,400	1,459,920
Sales Tax Asset Receivable Corp., RB, Series A (AMBAC), 5.25%, 10/15/27		4,095	4,513,263
		.,	.,,
			10,345,143
Oregon 1.5%			
City of Portland Oregon, Tax Allocation Bonds, Oregon Convention Center,			
Series A (AMBAC), 5.75%, 6/15/15		1,400	1,435,560
. , , , ,		1,055	1,027,602

Medford Hospital Facilities Authority, RB, Asante Health System, Series A (AGC), 5.00%, 8/01/40 (c)

		2,463,162
Puerto Rico 1.3%		
Puerto Rico Sales Tax Financing Corp.,		
RB, First Sub-Series A, 6.38%,		
8/01/39	2,115	2,250,572
Texas 17.8%		
City of Dallas Texas, Refunding RB		
(AGC), 5.25%, 8/15/38	1,250	1,271,563
City of Houston Texas, Refunding RB,	,	, ,
Combined, First Lien, Series A (AGC),		
6.00%, 11/15/35	4,000	4,516,200
Harris County Health Facilities		
Development Corp., Refunding RB, Memorial Hermann Healthcare		
System, B, 7.25%, 12/01/35	600	672,216
System, D, 7.25 %, 12/01/55	000	072,210
BLACKROCK MUNIHOLDINGS INSURED FUND, INC.	JANUARY 31, 2010	3

Schedule of Investments (continued)

BlackRock MuniHoldings Insured Fund, Inc. (MUS) (Percentages shown are based on Net Assets)

Municipal Bonds	Par (000)	Value
Texas (concluded)		
Lower Colorado River Authority,		
Refunding RB, LCRA Transmission		
Services Project (AGC), 5.50%,		
5/15/36	\$ 2,610	\$ 2,719,646
Lubbock Cooper ISD Texas, GO, School		
Building (AGC), 5.75%, 2/15/42	775	822,647
North Texas Tollway Authority,		
Refunding RB, System, First Tier	(710	C 0.4C 41.4
(NPFGC), 5.75%, 1/01/40	6,710	6,846,414
North Texas Tollway Authority, Refunding RB, System, First Tier,		
Series A (NPFGC), 5.63%, 1/01/33	6,585	6,730,199
North Texas Tollway Authority,	0,363	0,730,133
Refunding RB, System, First Tier,		
Series B (NPFGC), 5.75%, 1/01/40	6,275	6,402,571
_ (-:	3,2.0	
		29,981,456
		_,,,,,,,,,
Utah 1.5%		
City of Riverton Utah, RB, IHC Health		
Services Inc., 5.00%, 8/15/41	2,485	2,481,024
Virginia 1.0%		
Virginia Public School Authority, RB,		
School Financing, 6.50%, 12/01/35	1,500	1,719,045
Washington 2.5%		
Chelan County Public Utility District		
No. 1, RB, Chelan Hydro System,		
Series A, AMT (AMBAC), 5.45%,		
7/01/37	2,310	2,248,993
Snohomish County Public Utility District		
No. 1 Washington, RB (AGM), 5.50%,	1.010	1.047.422
12/01/22	1,810	1,947,433
		4.107.427
		4,196,426
Total Municipal Bonds 132.7%		223,461,993

Municipal Bonds Transferred to Tender Option Bond Trusts (d)

California 2.7%		
City of San Jose California, GO,		
Libraries, Parks, and Public Safety		
Project (NPFGC), 5.00%, 9/01/30	1,258	1,298,451
Sequoia Union High School District,		
California, GO, Election Series B		
(AGM), 5.50%, 7/01/35	3,149	3,250,581
	- -	
		4,549,032
		-,,
Colorado 3.3%		
Colorado Health Facilities Authority, RB,		
Catholic Health, Series C 3 (AGM),		
5.10%, 10/01/41	5,610	5,531,516
3.10 /0, 10/01/41	5,010	3,331,310

Municipal Bonds Transferred to Tender Option Bond Trusts (d)	Par (000)	Value
District of Columbia 0.7%		
District of Columbia Water & Sewer Authority, RB, Series A, 6.00%,		
10/01/35	\$ 1,040	\$ 1,161,372
Florida 8.8%		
City of St Petersburg. Florida, Refunding RB (NPFGC), 5.00%, 10/01/35	4,302	4,228,418
County of Miami-Dade Florida, GO,	4,502	4,220,410
Building Better Communities		
Program, Series B-1, 6.00%, 7/01/38 Lee County Housing Finance Authority,	7,500	8,259,000
RB, Multi-County Program, Series A-2,		
AMT (GNMA), 6.00%, 9/01/40	2,145	2,320,096
		14,807,514
_		
Georgia 2.5%		
City of Augusta, Georgia, RB (AGM), 5.25%, 10/01/34	4,000	4,157,320
Illinois 1.5%		
City of Chicago, Illinois, Refunding RB,		
Second Lien (AGM), 5.25%, 11/01/33	2,509	2,629,199
Kentucky 0.9%		
Kentucky State Property & Buildings		
Commission, Kentucky, Refunding		
RB, Project No. 93 (AGC), 5.25%, 2/01/27	1,406	1,517,648
2(01)21	1,400	1,517,040
Massachusetts 5.0%		
Massachusetts School Building Authority, RB, Series A (AGM), 5.00%,		
8/15/30	8,008	8,398,952
	·	

Nevada 5.7% Clark County Water Reclamatio			
District, GO, Limited Tax, 6.009 7/01/38	‰, 	5,000	5,542,900
Clark County Water Reclamatio	n	2,000	0,0 12,500
District, GO, Series B, 5.50%, 7/01/29		3,749	4,091,266
			9,634,166
New Jersey 1.5%			
New Jersey State Housing & Mo			
Finance Agency, RB, S/F Housi Series CC, 5.25%, 10/01/29	ng,	2,401	2,461,970
Virginia 0.9% Virginia Housing Development	Authority		
RB, Series H, Sub-Series H-1 (N			
5.35%, 7/01/31		1,500	1,514,025
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Schedule of Investments (concluded)

BlackRock MuniHoldings Insured Fund, Inc. (MUS) (Percentages shown are based on Net Assets)

Municipal Bonds Transferred to Tender Option Bond Trusts (d)	Par (000)	Value
Washington 2.5% City of Bellevue Washington, GO, Refunding (NPFGC), 5.50%, 12/01/39	\$ 4,002	\$ 4,264,638
Total Municipal Bonds Transferred to Tender Option Bond Trusts 36.0%		60,627,352
Total Long-Term Investments (Cost \$277,555,465) 168.7%		284,089,345

Short-Term Securities	Shares	
FFI Institutional Tax-Exempt Fund, 0.16% (e)(f)	5,504,925	5,504,925
Total Short-Term Securities (Cost \$5,504,925) 3.3%		5,504,925
Total Investments		
(Cost \$283,060,390*) 172.0%		289,594,270
Liabilities in Excess of Other Assets (1.1)%		(1,886,398)
Liability for Trust Certificates, Including Interest		
Expense and Fees Payable (19.2)%		(32,348,702)
Preferred Shares, at Redemption Value (51.7)%		(87,006,334)
Net Assets Applicable to Common Shares 100.0%	\$	168,352,836

^{*} The cost and unrealized appreciation (depreciation) of investments as of January 31, 2010, as computed for federal income tax purposes, were as follows:

Aggregate cost	\$ 254,112,980
Gross unrealized appreciation	10,025,098
Gross unrealized depreciation	(6,869,222)

Net unrealized appreciation \$ 3,155,876

- (a) Represents a zero-coupon bond. Rate shown reflects the current yield as of report date.
- (b) US government securities, held in escrow, are used to pay interest on this security as well as to retire the bond in full at the date indicated, typically at a premium to par.
- (c) When-issued security. Unsettled when-issued security transactions were as follows:

Counterparty		Value	nrealized epreciation
Citigroup, Inc. Merrill Lynch & Co.	\$ \$	3,494,205 1,027,602	\$ (15,795)

- (d) Securities represent bonds transferred to a tender option bond trust in exchange for which the Fund acquired residual interest certificates. These securities serve as collateral in a financing transaction.
- (e) Investments in companies considered to be an affiliate of the Fund, for purposes of Section 2(a)(3) of the Investment Company Act of 1940, were as follows:

Affiliate	Net Activity	Income
FFI Institutional Tax-Exempt Fund	\$ (9,821,778)	\$ 25,084

(f) Represents the current yield as of report date.

Fair Value Measurements Various inputs are used in determining the fair value of investments, which are as follows:

- Level 1 price quotations in active markets/exchanges for identical assets and liabilities
- Level 2 other observable inputs (including, but not limited to: quoted prices for similar assets or liabilities in markets that are active, quoted prices for identical or similar assets or liabilities in markets that are not active, inputs other than quoted prices that are observable for the assets or liabilities (such as interest rates, yield curves, volatilities, prepayment speeds, loss severities, credit risks and default rates) or other market-corroborated inputs)
- Level 3 unobservable inputs based on the best information available in the circumstances, to the extent observable inputs are not available (including the Fund's own assumptions used in determining the fair value of investments)

The inputs or methodologies used for valuing securities are not necessarily an indication of the risk associated with investing in those securities. For information about the Fund s policy regarding valuation of investments and other significant accounting policies, please refer to Fund s most recent financial statements as contained in its semi-annual report.

The following table summarizes the inputs used as of January 31, 2010 in determining the fair valuation of the Fund s investments:

Valuation Inputs	1	Investments in Securities	
		Assets	
Level 1 - Short-Term Securities	\$	5,504,925	
Level 2 - Long-Term Investments ¹ Level 3		284,089,345	
	_		
Total	\$	289,594,270	

¹See above Schedule of Investments for values in each state or political subdivision.

BLACKROCK MUNIHOLDINGS INSURED FUND, INC. JANUARY 31, 2010 5

Item 2 Controls and Procedures

- 2(a) The registrant's principal executive and principal financial officers or persons performing similar functions have concluded that the registrant's disclosure controls and procedures (as defined in Rule 30a-3(c) under the Investment Company Act of 1940, as amended (the 1940 Act)) are effective as of a date within 90 days of the filing of this report based on the evaluation of these controls and procedures required by Rule 30a-3(b) under the 1940 Act and Rule 13(a)-15(b) under the Securities Exchange Act of 1934, as amended.
- 2(b) There were no changes in the registrant's internal control over financial reporting (as defined in Rule 30a-3(d) under the 1940 Act) that occurred during the registrant's last fiscal quarter that have materially affected, or are reasonably likely to materially affect, the registrant's internal control over financial reporting.

Item 3 Exhibits

Certifications Attached hereto

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

BlackRock MuniHoldings Insured Fund, Inc.

By: /s/ Anne F. Ackerley
Anne F. Ackerley
Chief Executive Officer of
BlackRock MuniHoldings Insured
Fund, Inc.

Date: March 19, 2010

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, this report has been signed below by the following persons on behalf of the registrant and in the capacities and on the dates indicated.

By: /s/ Anne F. Ackerley
Anne F. Ackerley
Chief Executive Officer (principal executive officer) of
BlackRock MuniHoldings Insured
Fund, Inc.

Date: March 19, 2010

By: /s/ Neal J. Andrews
Neal J. Andrews
Chief Financial Officer (principal financial officer) of
BlackRock MuniHoldings Insured

Fund, Inc.

Date: March 19, 2010