Form SC 13D/A February 15, 2013 SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 SCHEDULE 13D/A **Under the Securities Exchange Act of 1934** (Amendment No. 4) HEALTHWAREHOUSE.COM, inc. (Name of Issuer) Common Stock, Par Value \$.001 Per Share (Title of Class of Securities) 42227 G202 (CUSIP Number) **Lalit Dhadphale President and Chief Executive Officer** HealthWarehouse.com, Inc. 100 Commerce Boulevard

HealthWarehouse.com, Inc.

Cincinnati, Ohio 45140

Tel.: (513) 618-0911

(Name, Address and Telephone Number of Person Authorized to Receive Notices and Communications)

February 1, 2013

(Date of Event which Requires Filing of this Statement)

If the filing person has previously filed a statement on Schedule 13G to report the acquisition that is the subject of this Schedule 13D, and is filing this schedule because of §§240.13d-1(e), 240.13d-1(f) or 240.13d-1(g), check the following box. o

The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act.

^{*} The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.

CUSIP No. 46205P100 (1) Name of Reporting Persons. I.R.S. Identification Nos. of Above Persons (Entities Only). Cape Bear Partners LLC; FEIN (N/A) (2) Check the Appropriate Box if a Member of a Group (a) " b) x (3) SEC Use Only (4) Source of Funds PF (5) Check if Disclosure of Legal Proceedings is Required Pursuant to Items 2(d) or 2(e) (6) Citizenship or Place of Organization Delaware Number of (7) Sole Voting Power *1,224,579 Shares Beneficially (8) Shared Voting Power Owned by Each Reporting (9) Sole Dispositive Power *1,224,579 Person With (10) Shared Dispositive Power (11) Aggregate Amount Beneficially Owned by Each Reporting Person *1,224,579

(12) Check if the Aggregate Amount in Row (11) Excludes Certain Shares

(13) Percent of Class Represented by Amount in Row (11) **8.0%

(14) Type of Reporting Person OO

- * Includes 1,213,468 shares owned by Cape Bear Partners LLC, and 11,111 shares owned by the Lynn Peppell IRA.
- **Percentage calculated on the basis of 15,353,160 shares of common stock issued and outstanding on February 1, 2013.

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Item 5.

Interest in Securities of the Issuer.

This constitutes Amendment No. 4 ("Amendment No. 4") to the statement on Schedule 13D filed on behalf of Cape Bear Partners, LLC (the "Reporting Person"), dated and filed May 21, 2009 (the "Statement"), relating to the common stock (the "Common Stock") of HealthWarehouse.com, Inc. (the "Company" or "Issuer"). The Company's principal executive offices are located at 7107 Industrial Road, Florence, Kentucky 41042. This Amendment No. 4 is being filed to report that since the filing of the Statement, certain material changes to the facts set forth in the Statement have occurred. Unless specifically amended or modified hereby, the disclosure set forth in the Statement, as previously amended, shall remain unchanged.

I. Cape Bear Partners LLC

(a) Aggregate Number: 1,224,579; Percentage: 8.0%.

Lynn Peppel, as Managing Member of Cape Bear Partners LLC, has sole voting and dispositive power over the (b) shares held by the Reporting Person. Lynn Peppel, as the sole owner and beneficiary of the Lynn Peppel IRA, has sole voting and dispositive power over the 11,111 shares held by the IRA.

(c) None.

(d) Not Applicable.

(e) Not Applicable.

Item 6. Contracts, Arrangements, Understandings, or Relationships with Respect to Securities of the Issuer.

On February 1 and 6, 2013, the Issuer completed private placements of a total of 3,501,975 units at a price of \$1.00 per unit. Each unit consists of (i) one share of the Issuer's Common Stock, and (ii) warrants to purchase three shares of the Common Stock at an exercise price of \$0.25 per share, which must be exercised within 5 years of February 1, 2013 (the "Private Placement").

In connection with the Private Placement, Cape Bear Partners, LLC has entered into repurchase agreements with each purchaser of units, other than Lalit Dhadphale, the Issuer's President, pursuant to which it has agreed to repurchase, subject to certain conditions, one-half of each purchaser's units at a purchase price of \$1.00 per unit if the closing price of the Common Stock is less than \$0.25 on five consecutive trading days at any time within one year of February 1, 2013. Cape Bear Partners LLC's obligations to the purchasers are secured by a lien on certain real estate.

[Signature Page Follows]

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SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

DATED: February 15, 2013 CAPE BEAR PARTNERS LLC

By:/s/ Lynn Peppel Lynn Peppel, Managing Member and IRA Owner

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