TRUSTCO BANK CORP N Y

Form 8-K

November 14, 2012

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (date of earliest event reported): November 14, 2012

TrustCo Bank Corp NY

(Exact name of registrant as specified in its charter)

NEW YORK 0-10592 14-1630287

State or Other Jurisdiction of Commission File No.

I.R.S. Employer Identification Number

Incorporation or Organization

5 SARNOWSKI DRIVE, GLENVILLE, NEW YORK 12302

(Address of principal executive offices)

(518) 377-3311

(Registrant's Telephone Number,

Including Area Code)

NOT APPLICABLE

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

oWritten communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

oSoliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

oPre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

oPre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 8.01.	Other Events

A press release was issued on November 14, 2012 announcing that the management of the Company would be presenting at an investment conference on November 15, 2012. Attached is a copy of the press release labeled as Exhibit 99(a).

Item 9.01. Financial Statements and Exhibits

(c) Exhibits

Reg S-K Exhibit No.Description

99(a) Press release dated November 14, 2012 announcing that the management of the Company would be presenting at an investment conference on November 15, 2012.

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TrustCo Bank Corp NY

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Dated: November 14, 2012

TrustCo Bank Corp NY (Registrant)

By:/s/ Robert T. Cushing
Robert T. Cushing
Executive Vice President and
Chief Financial Officer

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Exhibits Index

The following exhibits are filed herewith:

Reg S-K Exhibit No. Description Page

99(a) Press release dated November 14, 2012 announcing that the 5-6

management of the Company would be presenting at an investment

conference on November 15, 2012

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