### Edgar Filing: ABERNATHY JAMES PAUL - Form 4

ABERNATHY Form 4 March 06, 201		UL										
										OMB AF	PROVAL	
FORM	UNITE	D STA'	TES SECURI Wash			D EXC D.C. 2054		GE CO	OMMISSION	OMB Number:	3235-0287	
Check this box if no longer STATEMENT OF CHANCES IN DENEELCIAL OWNEDCH							Expires:	January 31, 2005				
subject to Section 16. Form 4 or Form 5	\$	CHANGES IN BENEFICIAL OWN SECURITIES ection 16(a) of the Securities Exchange						Estimated average burden hours per response				
obligations may continu <i>See</i> Instruct 1(b).	ue. Section 1	7(a) of		ity Ho	ldi	ng Comp	pany	Act of	1935 or Section	L		
(Print or Type Res	sponses)											
1. Name and Address of Reporting Person <u>*</u> ABERNATHY JAMES PAUL			Symbol	Symbol NATIONAL HEALTHCARE CORP					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Dav/Year)					X_ Director10% Owner Officer (give titleOther (specify below)below)			
2102 GREENLAND DRIVE			-									
				Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person			
MURFREESE	BORO, TN 3	7130						i	Form filed by Mo Person	ore than One Rej	porting	
(City)	(State)	(Zip)	Table	I - Non-	Der	rivative Se	ecuriti	ies Acqu	ired, Disposed of,	or Beneficiall	y Owned	
(Instr. 3) an			xecution Date, if	tion Date, if Transactior(A) or Disposed of (E Code (Instr. 3, 4 and 5) h/Day/Year) (Instr. 8)					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)		
Shares of Common Stock	03/05/2013			S		237	D	\$ 48.36	0 (1)	D		
Shares of Common Stock	03/05/2013			S		500	D	\$ 49.24	24,603	D		
Shares of Series A Convertible Preferred Stock									12,388	D		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pı Deri Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Option to Purchase Common Stock	\$ 51.5					05/01/2008	05/01/2013	Common Stock	15,000	
Option to Purchase Common Stock	\$ 45.8					05/09/2011	05/08/2016	Common Stock	6,312	
Option to Purchase Common Stock	\$ 44.8					05/03/2012	05/02/2017	Common Stock	7,500	

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
ABERNATHY JAMES PAUL 2102 GREENLAND DRIVE MURFREESBORO, TN 37130	Х						
Signatures							
J. Paul Abernathy by Ann S. Be P.O.A.	nson,	03/0	)6/2013				
<u>**</u> Signature of Reporting Person			Date				

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Transaction totaled on the line below.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.