ADAMS W ANDREW

Form 5

February 14, 2011

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FORM 5	5							OMB AP	PROVAL		
UNITED STATES SECURITIES AND EXCHANGE COMMISSION									3235-0362		
Check this box no longer subjection		Washin	Washington, D.C. 20549					Expires:	January 31,		
to Section 16. Form 4 or Form 5 obligations may continue.	n ANNUA		ATEMENT OF CHANGES IN BENEFI OWNERSHIP OF SECURITIES				CIAL	Estimated a burden hour response	_		
See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported Form 4 Transactions Reported 30(h) of the Investment Company Act of 1940 Transactions Reported											
1. Name and AddreADAMS W AN	ess of Reporting Perso	Symbol	•				5. Relationship of Reporting Person(s) to Issuer				
		[NHC]	NATIONAL HEALTHCARE CORP [NHC]				(Check all applicable)				
(Last)	(Last) (First) (Middle) 3. Statement for Issuer's Fisca (Month/Day/Year) 12/31/2010				Year EndedX_ Director 10% (Officer (give title below) Other						
222 ROBERT ROSE DRIVE											
(Street) 4. If Amendment, Date Original Filed(Month/Day/Year)					6. In	6. Individual or Joint/Group Reporting					
							applicable line)				
MURFREESBORO, TN 37129 _X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person											
(City)	(State) (Zip)	Table I -	Non-Derivati	ve Securiti	ies Ac	quired	, Disposed of,	or Beneficiall	y Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Pri)) 5)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	Ownership Form:	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Shares of Common Stock - AdamsMark L.P.	Â	Â	Â	Â	Â		579,610	D	Â		
Shares of Common Stock-WAA Exempt Trust	12/31/2010	Â	W	1,937	A	\$0	1,937	D	Â		

Reminder: Report or securities beneficially	Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.								
Shares of Series A Conv Pref Stock-Adams Grandchildrns Trust	Â	Â	Â	Â	Â	Â	2,307	I	Trustee
Shares of Series A Conv Pref Stock - Adams Family Found II	Â	Â	Â	Â	Â	Â	35,407	I	Trustee
Shares of Series A Conv Pref Stock - Adams Children's Trust	Â	Â	Â	Â	Â	Â	77,528	I	Trustee
Shares of Series A Conv Pref Stock-WAA Exempt Trust	12/31/2010	Â	W	3,500	A	\$0	3,500	D	Â
Shares of Series A Convertible Preferred Stock - AMK, L.P.	Â	Â	Â	Â	Â	Â	479,682	D	Â
Shares of Common Stock - Adams Grandchilren's Trust	Â	Â	Â	Â	Â	Â	2,307	I	Trustee
Shares of Common Stock - Adams Family Foundation II	Â	Â	Â	Â	Â	Â	35,407	I	Trustee
Shares of Common Stock - Adams Children's Trust	Â	Â	Â	Â	Â	Â	77,528	I	Trustee

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to Purchase Common Stock	\$ 44.25	Â	Â	Â	Â	Â	05/03/2006	05/02/2011	Common Stock	15,000
Option to Purchase Common Stock	\$ 52.5	Â	Â	Â	Â	Â	04/24/2007	04/23/2012	Common Stock	15,000
Option to Purchase Common Stock	\$ 51.5	Â	Â	Â	Â	Â	05/01/2008	05/01/2013	Common Stock	15,000
Option to Purchase Common Stock	\$ 37.7	Â	Â	Â	Â	Â	05/05/2009	05/04/2014	Common Stock	11,000

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
ADAMS W ANDREW 222 ROBERT ROSE DRIVE MURFREESBORO, TN 37129	ÂX	Â	Â	Â				

Signatures

W. Andrew 02/14/2011 Adams

**Signature of Date Reporting Person

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.