#### US ENERGY CORP

Form 4

August 21, 2007

# FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB Number:

**OMB APPROVAL** 

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

Issuer

January 31, 2005

0.5

Estimated average burden hours per

response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue.

1. Name and Address of Reporting Person \*

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

See Instruction 1(b).

(Print or Type Responses)

HERRON HAROLD F

|                                      |   | US EN   | ERGY CORP [USEG]  | (Check all applicable)  |  |   |
|--------------------------------------|---|---|---|---|--|---|
| (Last) 877 NORT                      | t) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) ORTH 8TH WEST 08/21/2007 |   | Day/Year)   | X Director 10% Owner X Officer (give title Other (specify below) SR VICE PRESIDENT  |  |   |
|                                      | (Street)  |   | endment, Date Original onth/Day/Year)   | <ul><li>6. Individual or Joint/Group Filing(Check</li><li>Applicable Line)</li><li>_X_ Form filed by One Reporting Person</li></ul> |  |   |
| RIVERTO                              | N, WY 82501   |   |   | Form filed Person   | by More than One   | e Reporting   |
| (City)                               | (State)   | (Zip) Tak   | ole I - Non-Derivative Securities A   | Acquired, Dispose   | ed of, or Benefi   | cially Owned  |
| 1.Title of<br>Security<br>(Instr. 3) | 2. Transaction Date<br>(Month/Day/Year)   | e 2A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year) | 3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5)  (A) or Code V Amount (D) Price | 5. Amount of<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 3 and 4)                  | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
| U.S.<br>Energy<br>Common<br>Stock    |   |   |   | 171,868   | D (1) (2)  |   |
| U.S.<br>Energy<br>Common<br>Stock    |   |   |   | 300,556   | I (3) (4)  | By<br>Corporation   |
| U.S.<br>Energy<br>Common<br>Stock    |   |   |   | 4,500   | I (5)  | By Custodian<br>For Child   |

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| U.S.   |         |       |                     |
|--------|---------|-------|---------------------|
| Energy | 34,724  | I (6) | D <sub>v</sub> ECOD |
| Common | 34,724  | 1 (0) | By ESOP             |
| Stock  |         |       |                     |
| U.S.   |         |       |                     |
| Energy | 155 011 | T (7) | D., T., a4          |
| Common | 155,811 | I (7) | By Trust            |
| Stock  |         |       |                     |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year) | 4.<br>Transactic<br>Code<br>(Instr. 8) | 5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) |                    | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) |                          |
|---|---|---|---|--|---|--|--------------------|---|--------------------------|
|   |   |   |   | Code V                                 | (A) (D)   | Date<br>Exercisable                                      | Expiration<br>Date | Title   | Amoun<br>Numbe<br>Shares |
| Employe<br>Option 7<br>(RTB)                        | \$ 4.97   | 08/21/2007                              |   | A                                      | 100,600   | 01/01/2008   | 07/26/2017         | U.S.<br>Energy<br>Common<br>Stock                             | 100,6                    |
| Employe<br>Option 7<br>(RTB)                        | \$ 4.97   | 08/21/2007                              |   | A                                      | 49,400  | 01/01/2008   | 07/26/2017         | U.S.<br>Energy<br>Common<br>Stock                             | 49,40                    |
| Employee<br>Option 2<br>(Right to<br>Buy)           | \$ 2.4  |   |   |  |   | 01/10/2001   | 01/09/2011         | U.S.<br>Energy<br>Common<br>Stock                             | 27,61                    |
| Employee<br>Option 3<br>(Right to<br>Buy)           | \$ 3.9  |   |   |  |   | 12/07/2001   | 12/06/2011         | U.S.<br>Energy<br>Common<br>Stock                             | 50,00                    |
| Employee<br>Option 4<br>(Right to<br>Buy)           | \$ 2.25   |   |   |  |   | 08/08/2002   | 12/07/2011         | U.S.<br>Energy<br>Common<br>Stock                             | 26,27                    |

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| Employee<br>Option 5<br>(Right to<br>Buy) | \$ 2.46 | 07/01/2004 | 06/30/2014 | U.S.<br>Energy<br>Common<br>Stock | 125,0 |
|---|---------|------------|------------|-----------------------------------|-------|
| Employee<br>Option 6<br>(Right to<br>Buy) | \$ 3.86 | 10/14/2005 | 10/13/2015 | U.S.<br>Energy<br>Common<br>Stock | 100,0 |

## **Reporting Owners**

| Reporting Owner Name / Address                              | Relationships |            |                   |       |  |  |
|---|---------------|------------|-------------------|-------|--|--|
|   | Director      | 10% Owner  | Officer           | Other |  |  |
| HERRON HAROLD F<br>877 NORTH 8TH WEST<br>RIVERTON, WY 82501 | X             |            | SR VICE PRESIDENT |       |  |  |
| Signatures  |               |            |                   |       |  |  |
| /s/ HERRON, HAROLD F  |               | 00/21/2007 |                   |       |  |  |

\*\*Signature of Reporting Person

(HAL)

Date

08/21/2007

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 11,000 shares held in an Individual Retirement Account (IRA) for the benefit of the Reporting Person.
- (2) Includes 160,868 shares held directly by the Reporting Person.
- Includes 175,000 shares held by Sutter Gold Mining Co., Inc. (SGMI), a subsidiary of USEG. The Reporting Person is an Officer and/or Director of both USEG and SGMI and is not a controlling shareholder and does not have or share investment controll over these shares, and therefore does not have a pecuniary interest in the USEG shares held by SGMI, under rule 16a-1(a)(2)(iii).
- Includes 125,556 shares held by Plateau Resources Limited (Plateau), a wholly owned subsidiary of USEG. The Reporting Person is an Officer and/or Director of both USEG and Plateau and is not a controlling shareholder and does not have or share investment controll over these shares, and therefore does not have a pecuniary interest in the USEG shares held by Plateau, under rule 16a-1(a)(2)(iii).
- (5) Includes 4,500 shares indirectly held by the Reporting Person as Custodian for minor children under the Wyoming Uniform Transfers to Minors Act. The Reporting Person disclaims beneficial and pecuniary interest in these shares.
- Shares held in the U.S. Energy Corp. Employee Stock Ownership Plan (the 'ESOP') in an account established for the benefit of the Reporting Person. Subsequent to the final year end close the number of shares issued to the Reporting Person's ESOP account has been adjusted from shares forfieted by Plan participants.
- (7) Includes shares held in the ESOP which are not allocated to accounts established for the benefit of specific plan participants. The Reporting Person, as an ESOP Trustee, exercises the voting powers with respect to such unallocated shares.
- (8) Stock options granted under the Issuer's 2001 Incentive Stock Option Plan with a 5 year vesting schedule and exempt under Rule 16b-3.
- (9) Includes stock options granted under the Issuer's 1998 Incentive Stock Option Plan and exempt under Rule 16b-3.
- (10) Includes stock options granted under the Issuer's 2001 Incentive Stock Option Plan and exempt under Rule 16b-3.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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